

Daily Wisdom from Bhagavad Gita

Daily (Mon-Fri) 9:00 pm CDT (7:30 AM IST)

Zoom Meeting ID: 84590458431



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गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः
गुरु साक्षात् परब्रह्मा तस्मै श्रीगुरवे नमः

GururBrahma GururVishnu GururDevo
Maheshwaraha
Guru Saakshaat ParaBrahma Tasmai Sri
Gurave Namaha

Meaning:

Guru is the Creator (Brahma), Guru is the
Preserver(Vishnu), GuruDeva is
Destroyer(Maheshwara)
Guru is the absolute (singular) Lord himself,
Salutations to that Sri Guru

वसुदेव सुतं देवं कंस चाणूर मर्दनम् ।
देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम्

vasudeva sutam devam kamsa
cāṇūramardanam |
devakī paramānandam kṛṣṇam vande
jagadgurum

Meaning:

I offer my obeisance's to Lord Kṛṣṇa, the
beloved son of Vasudeva, who killed the
great demons Kamsa and Cāṇūra,
who is the source of great joy to Mother
Devakī; and who is indeed a world teacher
and spiritual master of the universe

Shloka (In Sanskrit)

यस्त्विन्द्रियाणि मनसा
नियम्यारभतेऽर्जुन ।
कर्मैन्द्रियैः कर्मयोगमसक्तः स
विशिष्यते ॥ 7॥

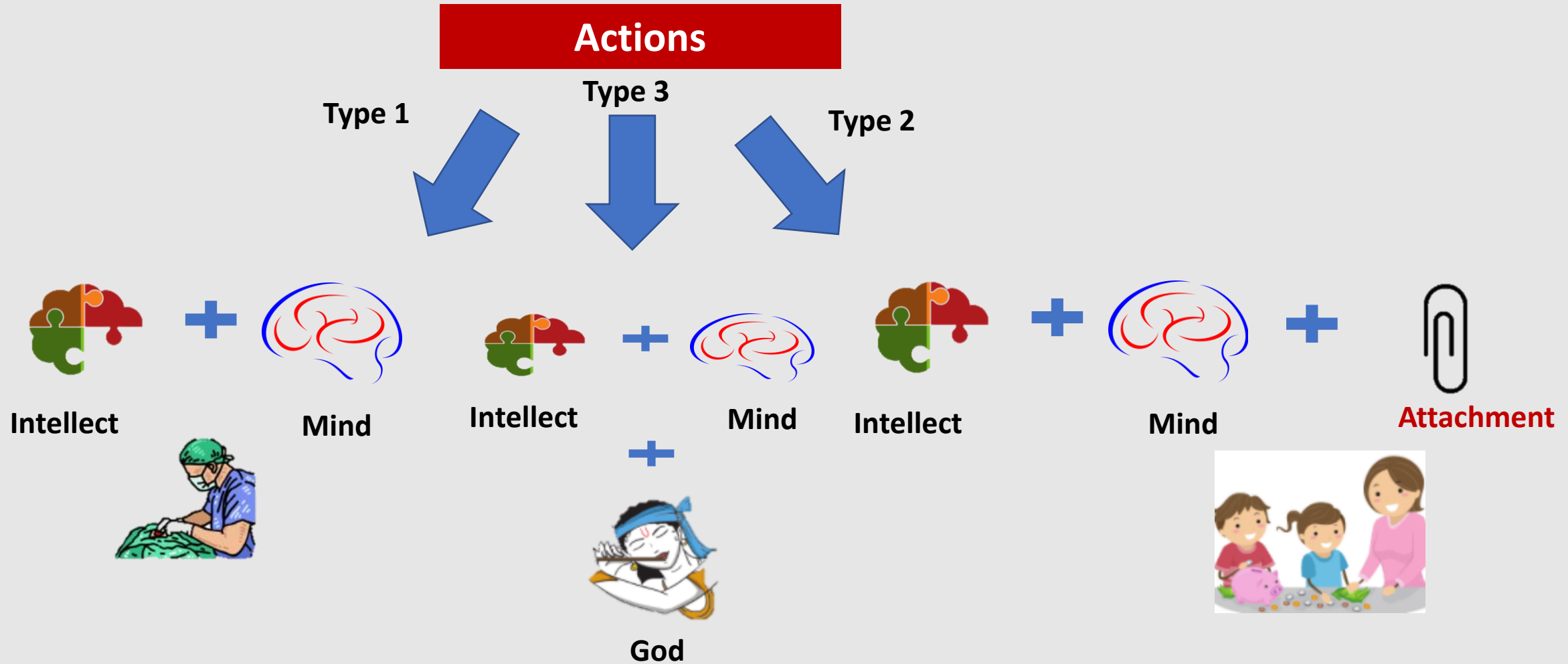
Shloka (in English)

*yas tvindriyāṇi manasā
niyamyārabhate 'rjuna
karmendriyaiḥ karma-yogam asaktaḥ
sa viśhiṣhyate*

Commentary: <https://www.holy-bhagavad-gita.org/chapter/3/verse/7>

Short Translation:

BG 3.7: But those *karm yogis* who control their knowledge senses with the mind, O Arjun, and engage the working senses in working without attachment, are certainly superior.



karm yog



karm (occupational duties)

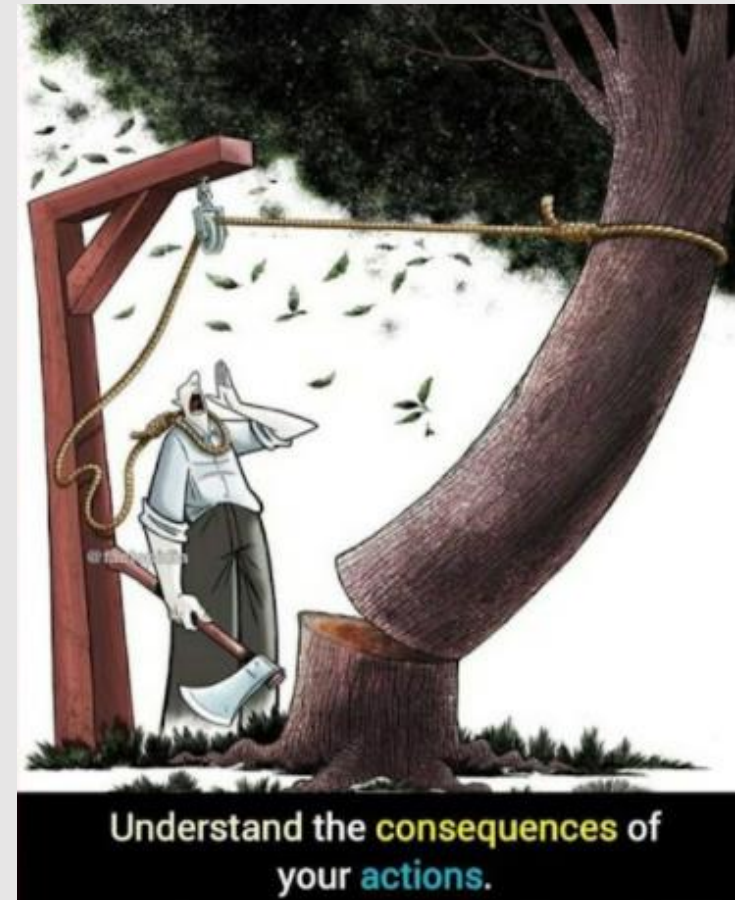


Yog (union with God)



Physical + God

Mental + God



Hence, a *karm yogi* is one who performs worldly duties while keeping the mind attached to God. Such a *karm yogi* is not bound by karma even while performing all kinds of works.

And a karm yogi has no attachment to the fruits of action.

This is because what binds one to the law of karma is not actions, but the attachment to the fruits of those actions. **Even, a false renunciant renounces action, but does not forsake attachment, and thus remains bound in the law of karma.**



Lord Krishna termed the science of working without desire for rewards as *buddhi yog*, or *Yog* of the intellect



Working with a desire to enjoy the fruits of your work

Desires/Choices are dictated by the predominant Guna at any point in time!



Can be
overridden
by Free will

What am I doing? I should put it back.

I would not like someone else to steal my hard-earned money so why should I steal?

I will help the poor with 50% of it, rest 50% for my enjoyment!

Wow! I got a bounty for myself! About time I plan another big robbery!

Prakriti (Energized by God)

Inspired by Jivatma

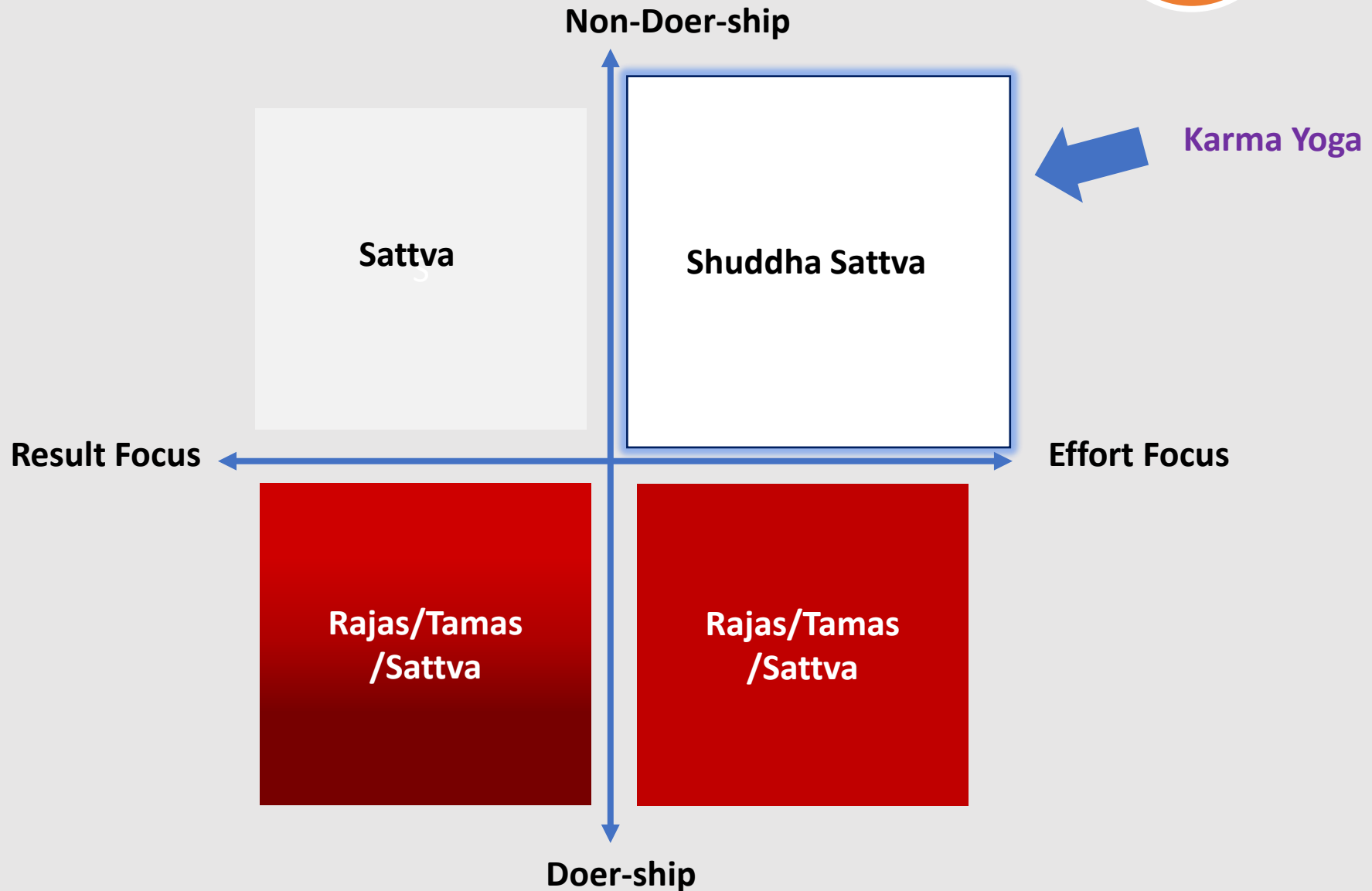
**** Key point to note :** Only when Jivatma is **FULLY SURRENDERED TO GOD(SHARNAGAT)** ,God becomes the inspirer and takes control!

E.g Arjuna was directing his chariot before listening to Bhagavadgita .After hearing and understanding the message he surrendered his intellect to Krishna and God took reins in his hands (passenger stops directing and lets the charioteer take control completely!

Chapter 2 Verse 47 – Deep Dive

2.47

Holy Bhagavad Gita



Bhakti Shatak (v 84)

**Man Hari men tan jagat men,
karmayoga tehi jan. Tan Hari men
man jagat men, yah mahan agyan.**

When one works in the world with the body,
but keeps the mind attached to God, know it
to be *karm yog*. When one engages in
spirituality with the body, but keeps the
mind attached to the world, know it to be
hypocrisy



Chapter 3 Verse 7

3.7

Holy Bhagavad Gita

Discuss- Shree Krishna says here that a person in household life who practices *karm yog* is superior to the false renunciant who continues to dwell on the objects of the senses in the mind



02:00

sa yathākāmo bhavati tat kratur bhavati
yat kratur bhavati tat karma kurute
yat karma kurute tad abhiniṣpadyate

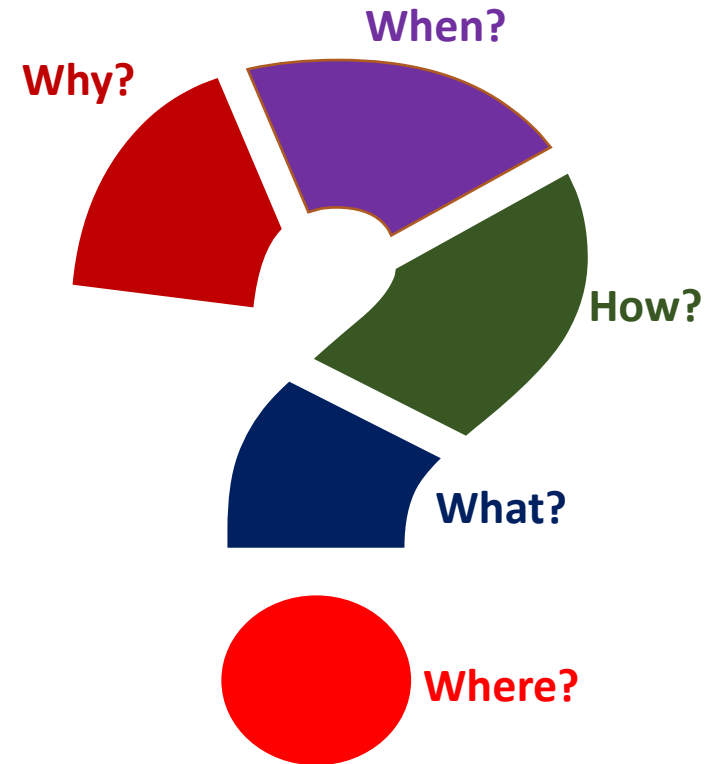
When you have an intense
desire, you will make a
determined resolve. When you
have a determined resolve, you
will put in intense effort. And
when you put in intense effort,
that is how you will become



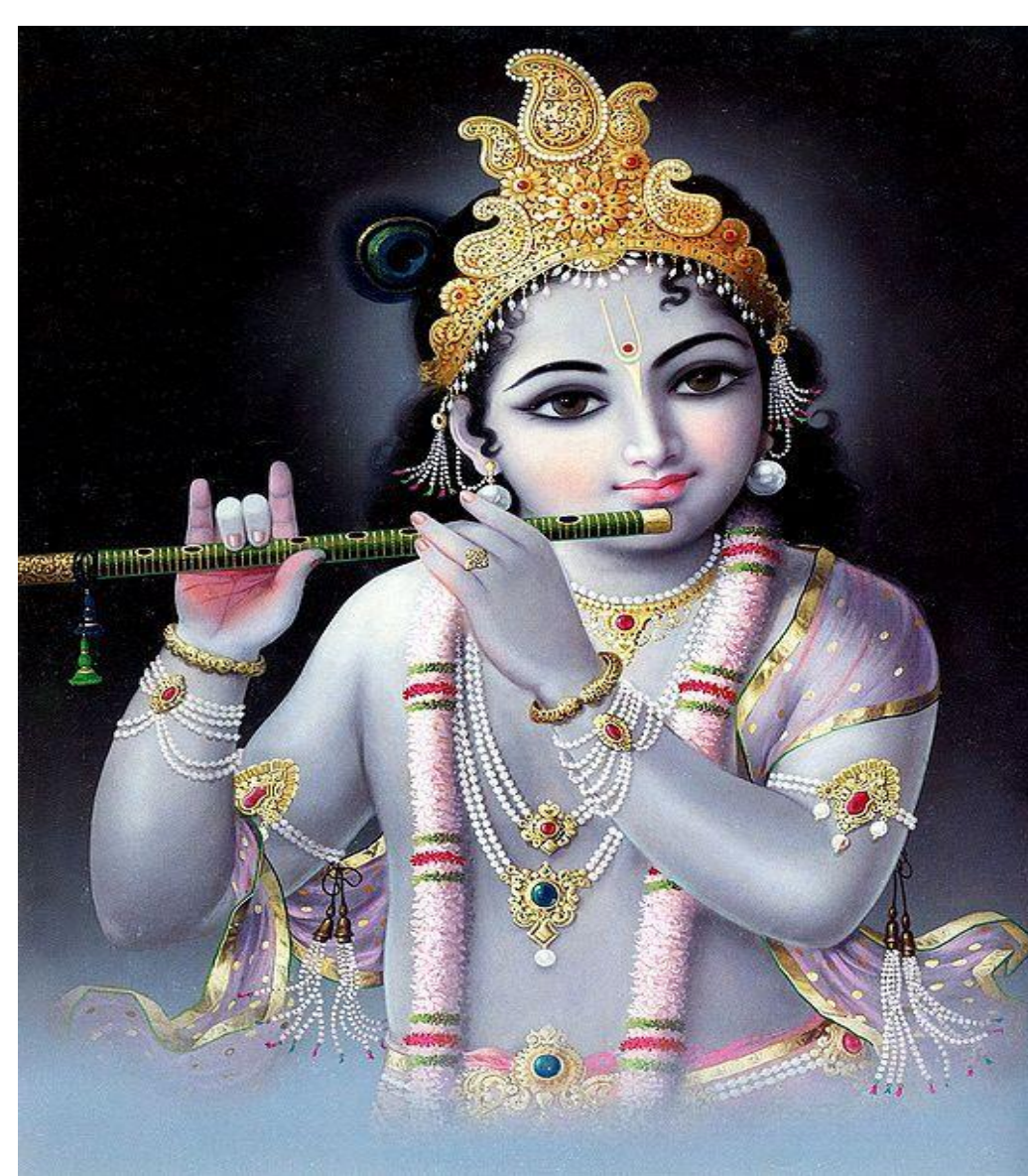
Question & Answers



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Closing Prayers



सर्वे भवन्तु सुखिनः
सर्वे सन्त निरामयाः ।
सर्वे भद्राणि पश्यन्तु
मा कश्चिद्दुःखभाग्भवेत् ।
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Sarve Bhavantu Sukhinah
Sarve Santu Niraamayaah |
Sarve Bhadraanni Pashyantu
Maa Kashcid-Duhkha-Bhaag-Bhavet |
Om Shaantih Shaantih Shaantih ||

**Om, May All be Happy,
May All be Free from Illness.
May All See what is Auspicious,
May no one Suffer.
Om Peace, Peace, Peace.**

Thanks for
the
opportunity
to serve you

