

# Daily Wisdom from Bhagavad Gita

Daily (Mon-Fri) 9:00 pm CDT (7:30 AM IST)

Zoom Meeting ID: 84590458431



**JKYog**

**JKYOG Center For Indian Culture & Education**

गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः  
गुरु साक्षात् परब्रह्मा तस्मै श्रीगुरवे नमः

GururBrahma GururVishnu GururDevo  
Maheshwaraha  
Guru Saakshaat ParaBrahma Tasmai Sri  
Gurave Namaha

Meaning:

Guru is the Creator (Brahma), Guru is the  
Preserver(Vishnu), GuruDeva is  
Destroyer(Maheshwara)  
Guru is the absolute (singular) Lord himself,  
Salutations to that Sri Guru

वसुदेव सुतं देवं कंस चाणूर मर्दनम् ।  
देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम्

vasudeva sutam devam kamsa  
cāṇūramardanam |  
devakī paramānandam kṛṣṇam vande  
jagadgurum

Meaning:

I offer my obeisance's to Lord Kṛṣṇa, the  
beloved son of Vasudeva, who killed the  
great demons Kamsa and Cāṇūra,  
who is the source of great joy to Mother  
Devakī; and who is indeed a world teacher  
and spiritual master of the universe

## Shloka ( In Sanskrit)

न कर्मणामनारम्भान्नैष्कर्म्यं  
पुरुषोऽश्नुते ।  
न च संन्यसनादेव सिद्धिं  
समधिगच्छति ॥४॥

## Shloka ( in English)

*na karmaṇām anārambhān  
naiṣhkarmyaṁ puruṣho  
'śhnute  
na cha sannyasanād eva  
siddhiṁ samadhigachchhati*

Commentary: <https://www.holy-bhagavad-gita.org/chapter/3/verse/4>

## Short Translation:

**BG 3.4:** One cannot achieve freedom from karmic reactions by merely abstaining from work, nor can one attain perfection of knowledge by mere physical renunciation.

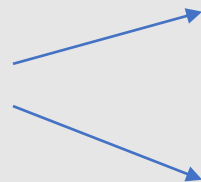
The first line of this verse refers to the  
and the second line refers to the



*karm yogi* (follower of the discipline of work)



*sāṅkhya yogi* (follower of the discipline of knowledge).



**Physical**



mere abstinence from work does not result in a state of freedom from karmic reactions

**Mental**



The mind continues to engage in fruitive thoughts, and since mental work is also a form of karma, it binds one in karmic reactions, just as physical work does

A true *karm yogi* must learn to work without any attachment to the fruits of actions.



Action



Fruit

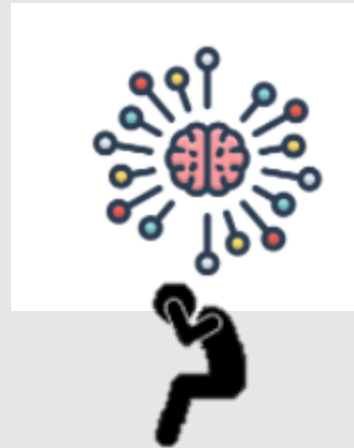
This requires cultivation of knowledge in the intellect.

Hence, philosophic knowledge is also necessary for success in karm yog.

One may give up the physical objects of the senses, but true knowledge cannot awaken as long as the mind remains impure



The mind has a tendency to repeat its previous thoughts. Such repetition creates a channel within the mind, and new thoughts flow irresistibly in the same direction.



Out of previous habit, the materially contaminated mind keeps running in the direction of anxiety, stress, fear, hatred, envy, attachment, and the whole gamut of material emotions

Thus, realized knowledge will not appear in an impure heart by mere physical renunciation. It must be accompanied by congruent action that purifies the mind and intellect. Therefore, action is also necessary for success in *sāṅkhya* yog.

In the second line, Shree Krishna declares that the *sāṅkhya yogi* cannot attain the state of knowledge merely by renouncing the world and becoming a monk.

If the aim is going to a college ,can we skip the school?

College



School



Little Johnny

02:00

In fact, little Johnny will not benefit from the college even if he is given next 50 years in college!

Giving up external action without giving up internal attachments is called a



HYPOCRITE



University of the world

Needs to be passed through to learn so many things, enhance patience, tolerance, determination etc.

**You keep on getting promoted to the level of your incompetence!**

If we first we renounce the world externally when mind is not detached..we will not benefit!

.





devotion

philosophy

sentimentality

**without**

=



Action and knowledge are necessary in both *karm yog* and *sāṅkhya yog*. It is only their proportion that varies, creating the difference between the two paths

**without**

=



intellectual speculation

philosophy

devotion

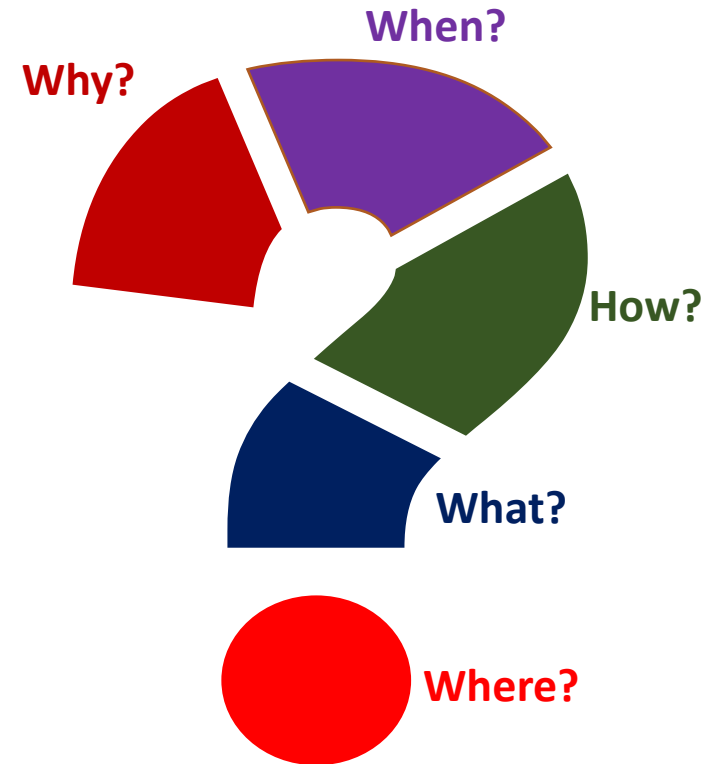
**What is your key takeaway today?**

02:00

# Question & Answers

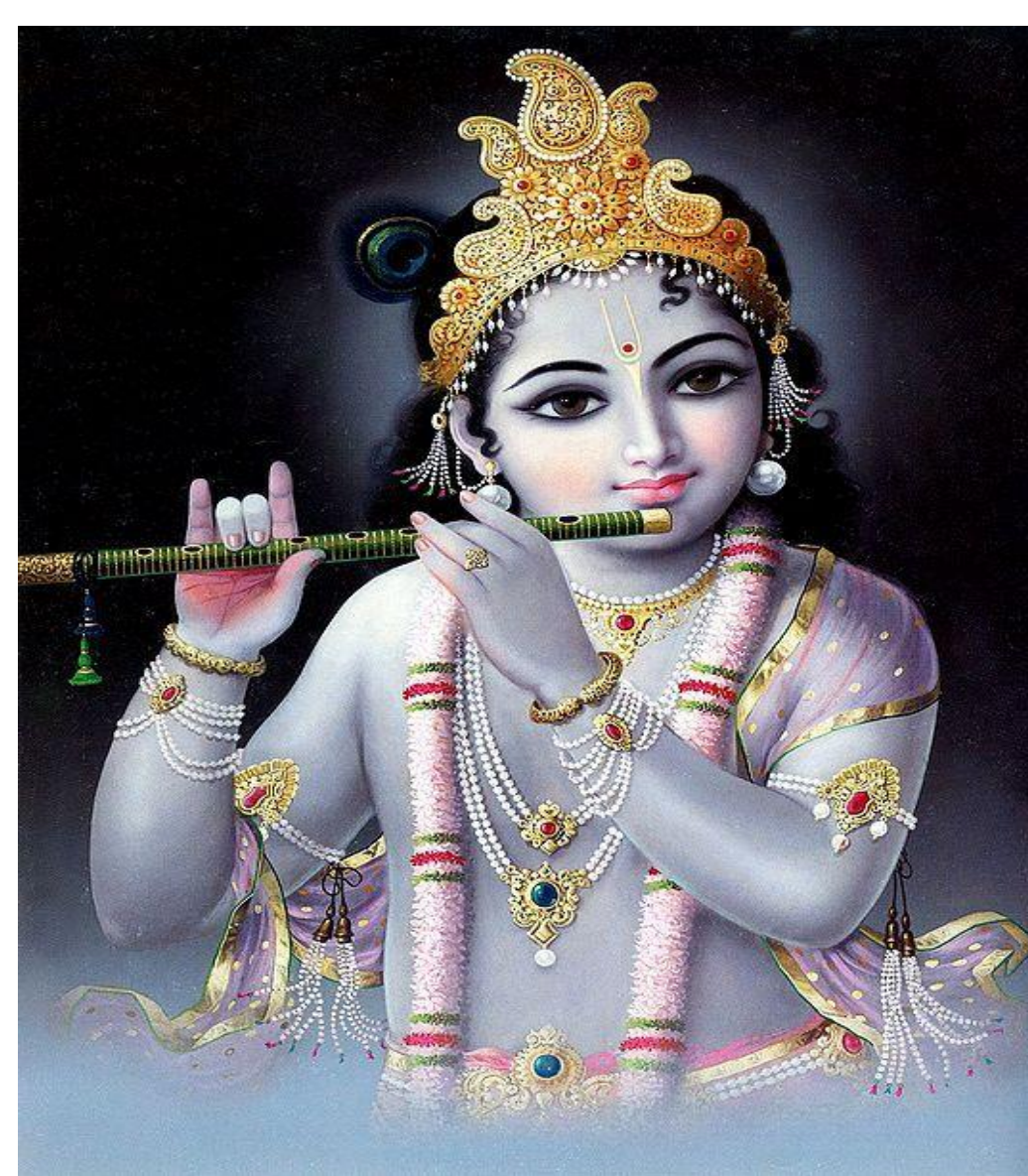


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# Closing Prayers



सर्वे भवन्तु सुखिनः  
सर्वे सन्त निरामयाः ।  
सर्वे भद्राणि पश्यन्तु  
मा कश्चिद्दुःखभाग्भवेत् ।  
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Sarve Bhavantu Sukhinah  
Sarve Santu Niraamayaah |  
Sarve Bhadraanni Pashyantu  
Maa Kashcid-Duhkha-Bhaag-Bhavet |  
Om Shaantih Shaantih Shaantih ||

**Om, May All be Happy,  
May All be Free from Illness.  
May All See what is Auspicious,  
May no one Suffer.  
Om Peace, Peace, Peace.**

Thanks for  
the  
opportunity  
to serve you

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