

Daily Wisdom from Bhagavad Gita

Daily (Mon-Fri) 9:00 pm CDT (7:30 AM IST)

Zoom Meeting ID: 84590458431



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गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः
गुरु साक्षात् परब्रह्मा तस्मै श्रीगुरवे नमः

GururBrahma GururVishnu GururDevo
Maheshwaraha
Guru Saakshaat ParaBrahma Tasmai Sri
Gurave Namaha

Meaning:

Guru is the Creator (Brahma), Guru is the
Preserver(Vishnu), GuruDeva is
Destroyer(Maheshwara)
Guru is the absolute (singular) Lord himself,
Salutations to that Sri Guru

वसुदेव सुतं देवं कंस चाणूर मर्दनम् ।
देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम्

vasudeva sutam devam kamsa
cāṇūramardanam |
devakī paramānandam kṛṣṇam vande
jagadgurum

Meaning:

I offer my obeisance's to Lord Kṛṣṇa, the
beloved son of Vasudeva, who killed the
great demons Kamsa and Cāṇūra,
who is the source of great joy to Mother
Devakī; and who is indeed a world teacher
and spiritual master of the universe

Shloka (In Sanskrit)

श्रीभगवानुवाच ।
लोकेऽस्मिन्द्विविधा निष्ठा पुरा प्रोक्ता
मयानघ ।
ज्ञानयोगेन साङ्ख्यानां कर्मयोगेन योगिनाम्
॥ 3॥

Shloka (in English)

*śhrī bhagavān uvācha
loke 'smin dvi-vidhā niṣṭhā purā
proktā mayānagha
jñāna-yogena sāṅkhyānām karma-
yogena yoginām*

Commentary: <https://www.holy-bhagavad-gita.org/chapter/3/verse/3>

Short Translation:

BG 3.3: The Blessed Lord said: O sinless one, the two paths leading to enlightenment were previously explained by me: the path of knowledge, for those inclined toward contemplation, and the path of work for those inclined toward action.

Just do your duty Karm

It is good deed as you get good results..

But what of those who don't want material results?

Then he moved on..doing duty doesn't not help us attain ultimate enlightenment..

Duty without attachment Karm Yog

He then moved on to self less work...from karm If you dont need to be entangled in the reactions of the work..then learn to do your duty without attachment..(karmanya vadi karaste..)

If we are detached to the results the work we do does not bind us..

How do stop hankering for results?



By giving up attachments..



How do you give up attachments?

by understanding that worldly things are nit my goal what I'm seeking is spiritual treasures..to develop dispassion one needs to cultivate knowledge..

It is called karm yog/ Shri Krishna called it buddhi yog..yoga of the intellect..

He asked Arjun to cultivate knowledge where binding works are no longer binding..and become liberating works..

So when Shris Krishn asked Arjun to cultivate knowledge Arjun became confused..

Arjuna is saying - By making contradictory statements, you are bewildering my intellect. I know you are merciful and your desire is not to baffle me, so please dispel my doubt.

Knowledge?

Action?



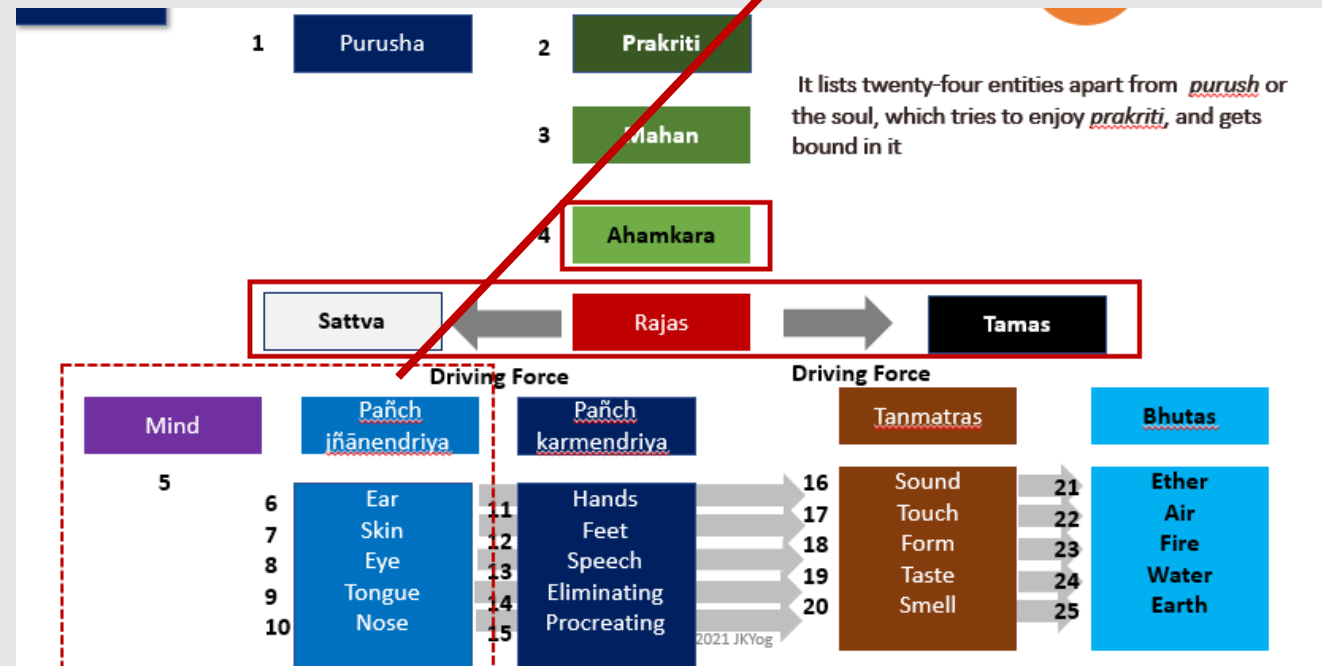
Moksha
Nirvaan
Enlightenment

Parabhakti

to enhance our living experience, in order to enrich our life, in order to attain anything in life knowledge becomes the first essential factor

When we acquire knowledge of something we can achieve it

Large part of human endeavor is in Acquiring knowledge



What is proper spiritual knowledge?



2 way to acquire knowledge



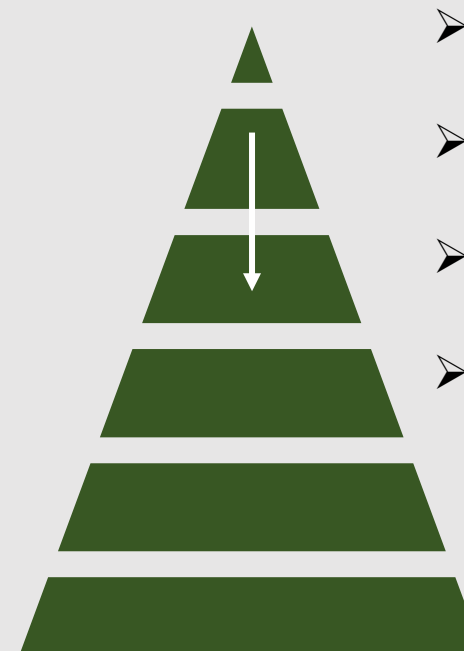
Ascending Process

- With our own limited capacities, we reach out and learn more and more like in scientific endeavor. Basis of modern science
- However, this ascending process is subject to many deficiencies.. truth in one age dis approved in another age..
- Knowledge is built incrementally over time
- Limited knowledge ;relies on direct perception alone ;doesn't provide answers to afflictions ailing humans since time eternity

*The more I learn ,the more I realize
how much I don't know - Albert Einstein*

What is means is that ascending process is repeatedly getting corrected..so we do not know whether the knowledge that we accept as truth today will still remain a truth after 200 or 300 years... To understand spiritual knowledge through ascending process may take centuries and we human beings have limited time!

- The vedas talk of a difference process of knowledge : descending process
- You access a perfect source of knowledge and you simply receive..Without much labor..you immediately get access to the perfect knowledge..
- This descending process is utilized even in this material world..
- Vedas says it is to your benefit to use descending process
- The only point here is that source of knowledge must be perfect!This perfect source is the vedas



Descending Process

- Based on scriptural knowledge
- Reiterated by multiple saints
- Time tested universal principals
- **PERFECT KNOWLEDGE – Presents a manual for human life**

They are not the name of a book! they are the eternal knowledge of God that was passed down by hearing tradition..from master to disciple..that is why another name for Vedas is **shruti or knowledge that came through the ear..**



Only 5000 years ago Ved Vyas who was himself a descension of God..put it down in writing for the benefit of human kind..

In our vedic tradition of our Indian culture..these vedas are considered the reference point **bhutam bhavyam bhavishyan cha sarvan vedat prasidhyati**..the validity of any spiritual principle..is established at the authority of the vedas..if it is corroborated accept it..if it is not..then there is scope for doubt..

These vedas ,in order to explain their meaning a number of other scriptures were manifested by the realized saints..

Vedic literature : **prasthan trayayi**. three starting points to understand vedic thought..

Upanishads (over 200)

Great acharyas have written commentary on the upanishads..

Praised around the world

However these are difficult to understand..

Brahm Sutra Also called Vedant Darshan

Philosophic thoughts of vedas in very short aphorisms..called sutras..

Great Jagatgurus wrote their commentaries..on the meaning of these sutras..it is also deep philosophic thoughts which keeps it out of reach of common people..

BhagavadGita

Summary of all vedic philosophy..presented to us by Ved Vyas..

Dialogue that took place on the battle field of Kurukshetra..between the supreme Lord Shri Krishan and his devotee Arjuna..

Arjuna is perplexed by the situation he faced and he surrenders to the Lord to find the answers and solutions to the problems at hand..

Supreme Lord not only gave solutions to his immediate problems but he also divulged to explain the philosophy of life..and in the discussion he presented the deep science of God realization..

Chapter 3 Verse 3

3.3

Holy Bhagavad Gita

Amongst people interested in the spiritual path

there are those who are inclined toward contemplation

there are those inclined to action

The first is the acquisition of knowledge through the analytical study of the nature of the soul and its distinction from the body. Shree Krishna refers to this as *sāṅkhya yog*.

People with a philosophic bend of mind are inclined toward this path of knowing the self through intellectual analysis. The second is the process of working in the spirit of devotion to God, or karm yog. Shree Krishna also calls this buddhi yog

Working in this manner purifies the mind, and knowledge naturally awakens in the purified mind, thus leading to enlightenment.

Two paths

inclined toward contemplation

inclined to action

Different Shloks for different folks!

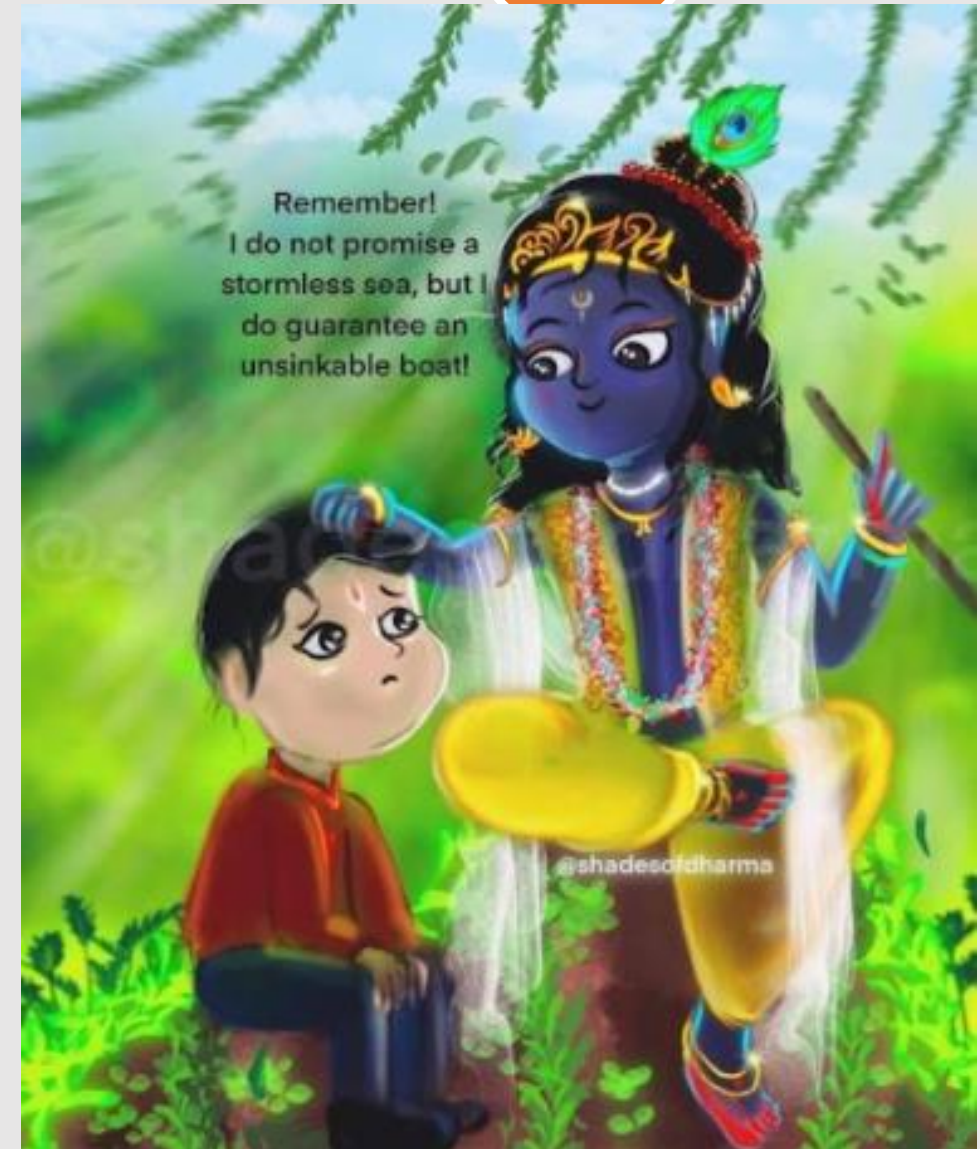
Both these paths have existed ever since the soul's aspiration for God-realization has existed. Shree Krishna touches upon both of them since his message is meant for people of all temperaments and inclinations.

Does spiritual knowledge lead to “religious fanaticism”?

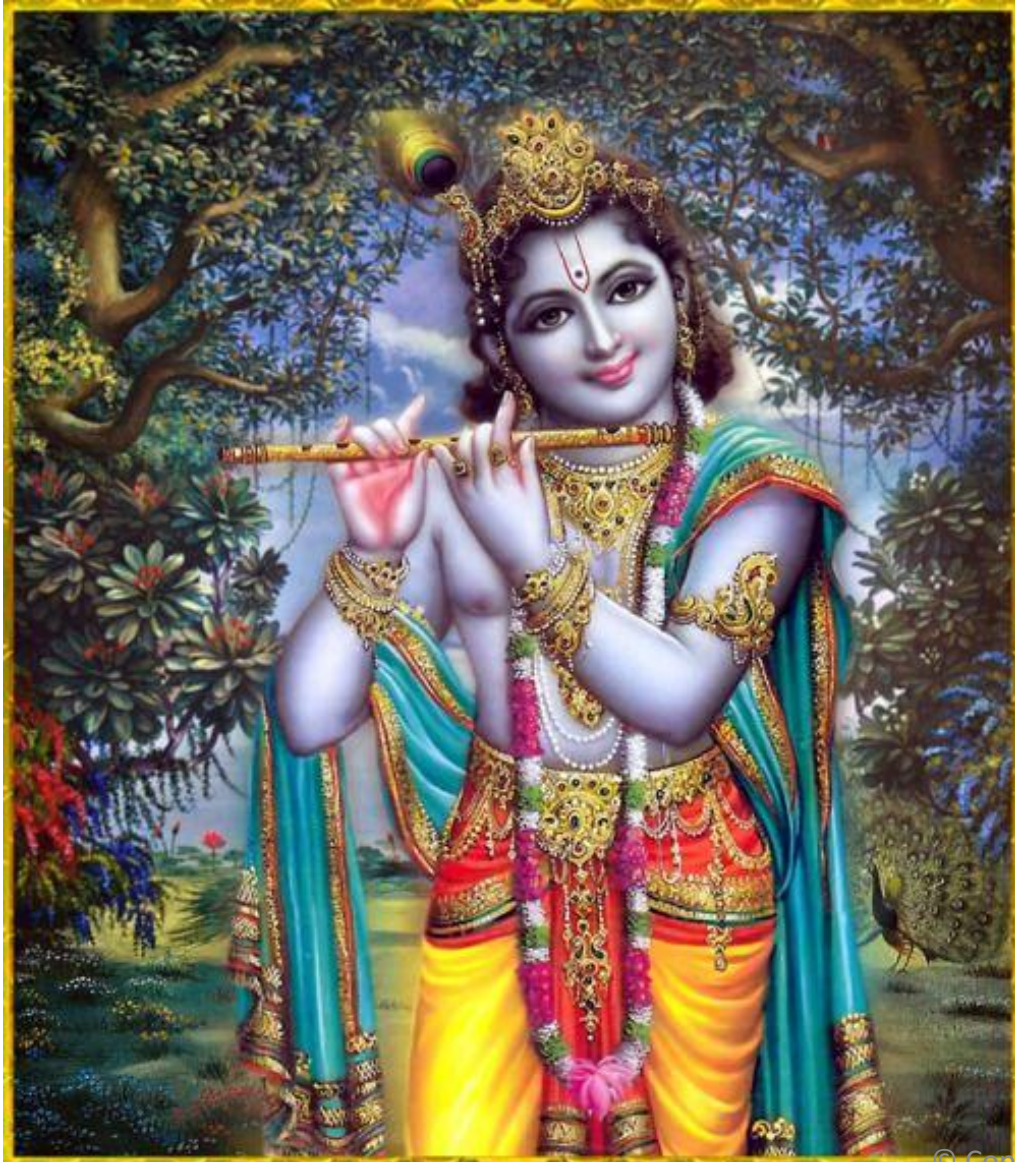
How do we stay away from this trap that people fall into?

- My religion is superior
- My God is superior
- My path is superior etc.

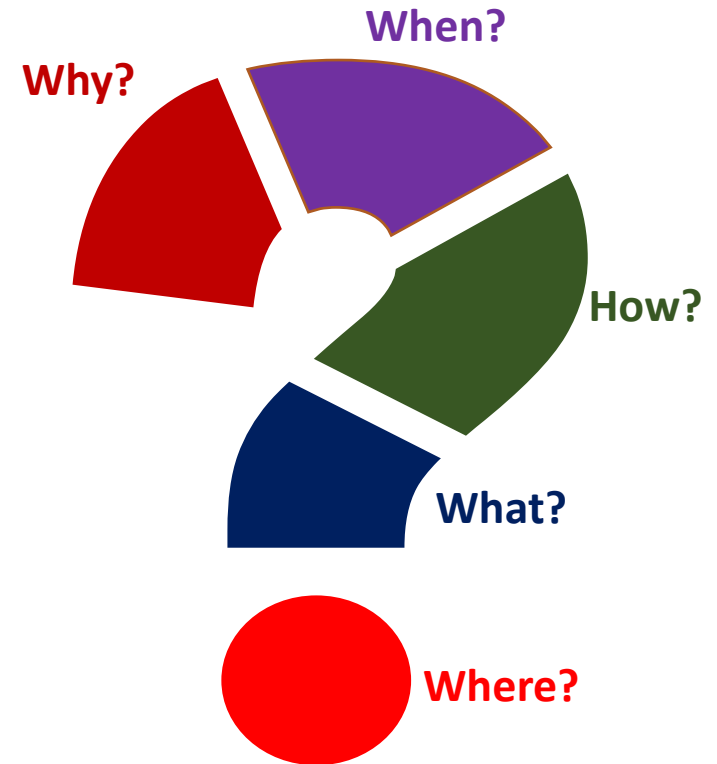
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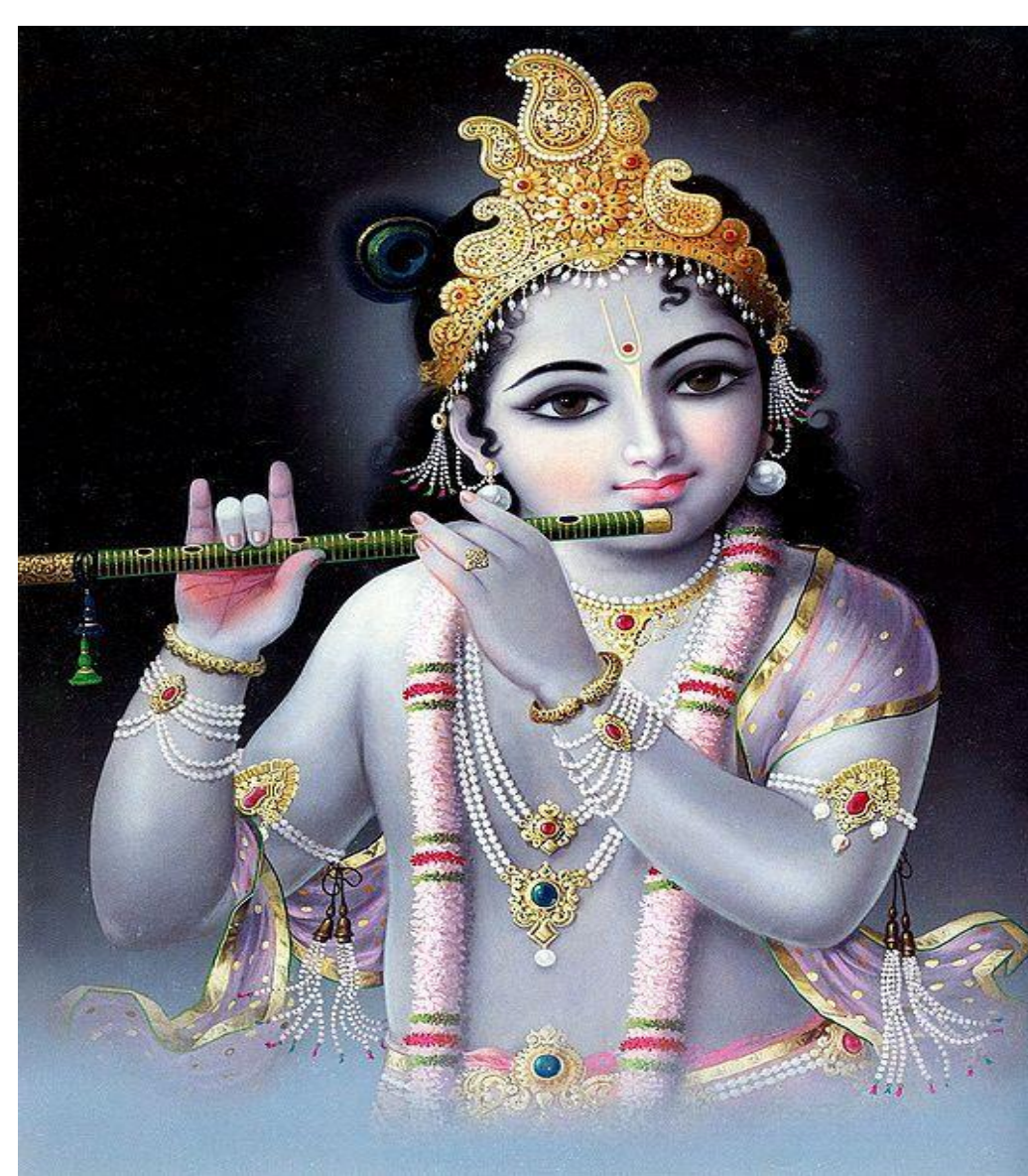
Question & Answers



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Closing Prayers



सर्वे भवन्तु सुखिनः
सर्वे सन्त निरामयाः ।
सर्वे भद्राणि पश्यन्तु
मा कश्चिद्दुःखभाग्भवेत् ।
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Sarve Bhavantu Sukhinah
Sarve Santu Niraamayaah |
Sarve Bhadraanni Pashyantu
Maa Kashcid-Duhkha-Bhaag-Bhavet |
Om Shaantih Shaantih Shaantih ||

**Om, May All be Happy,
May All be Free from Illness.
May All See what is Auspicious,
May no one Suffer.
Om Peace, Peace, Peace.**

Thanks for
the
opportunity
to serve you

