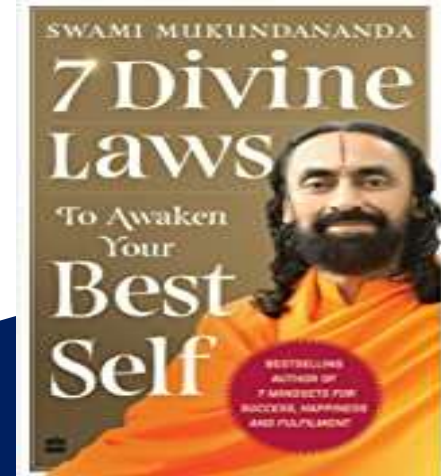


# Book Club: 7 Divine Laws

May 2, 2021  
Session 9



**JKYOG Center For Indian Culture & Education**

गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः  
गुरु साक्षात् परब्रह्मा तस्मै श्रीगुरवे नमः

GururBrahma GururVishnu GururDevo Maheshwaraha  
Guru Saakshaat ParaBrahma Tasmai Sri Gurave Namaha

Meaning: Guru is the Creator (Brahma), Guru is the Preserver (Vishnu), Guru is the Destroyer (Maheshwara). Guru is the absolute (singular) Lord himself! Salutations to that Sri Guru

वसुदेव सुतं देवं कंस चाणूर मर्दनम् ।  
देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम्

vasudeva sutam devam kamsa canuramardanam |  
devaki paramanandam krishnam vande jagadgurum

Meaning: I offer my obeisance's to Lord Krishna, the beloved son of Vasudeva, who killed the great demons Kamsa and Canura, who is the source of great joy to Mother Devaki; and who is indeed a world teacher and spiritual master of the universe

- Quick Recap
- Book Reading
  - 7DL, Ch 1: The Law of Infinite Potential.
  - **Topic: *Fixed vs. Growth Mindset***
- Powerful Video
- Visual Summary & Recap of concepts
- Practical Application
- Experience Sharing

# Recap

- Dilemma we face. • •

We keep striving for perfection  
but don't achieve success

- Lower instincts pull us down



- Making of a Genius

Albert Einstein: "Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."

- The Biggest Mistake



- Soul's Glorious Destiny



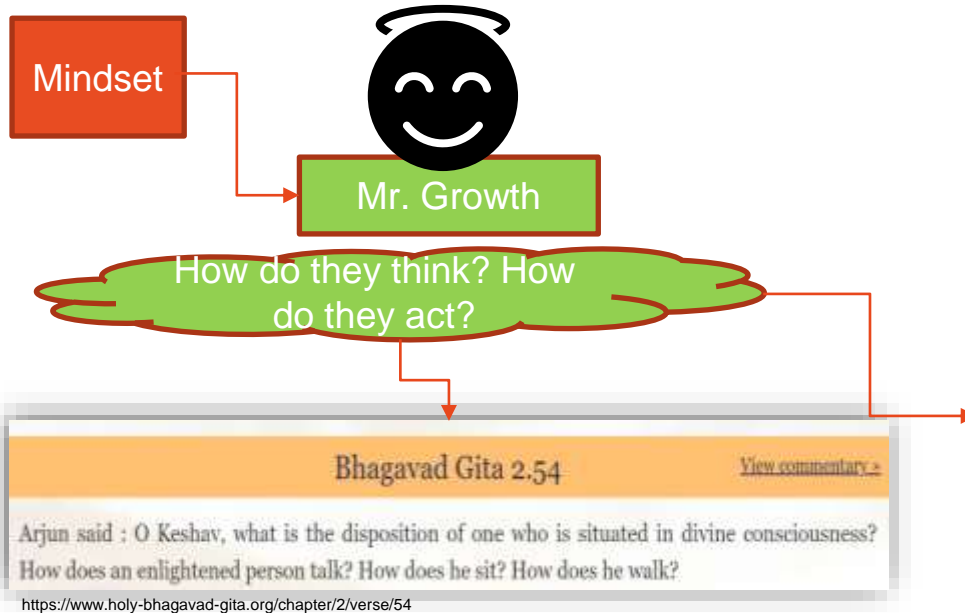
Vs



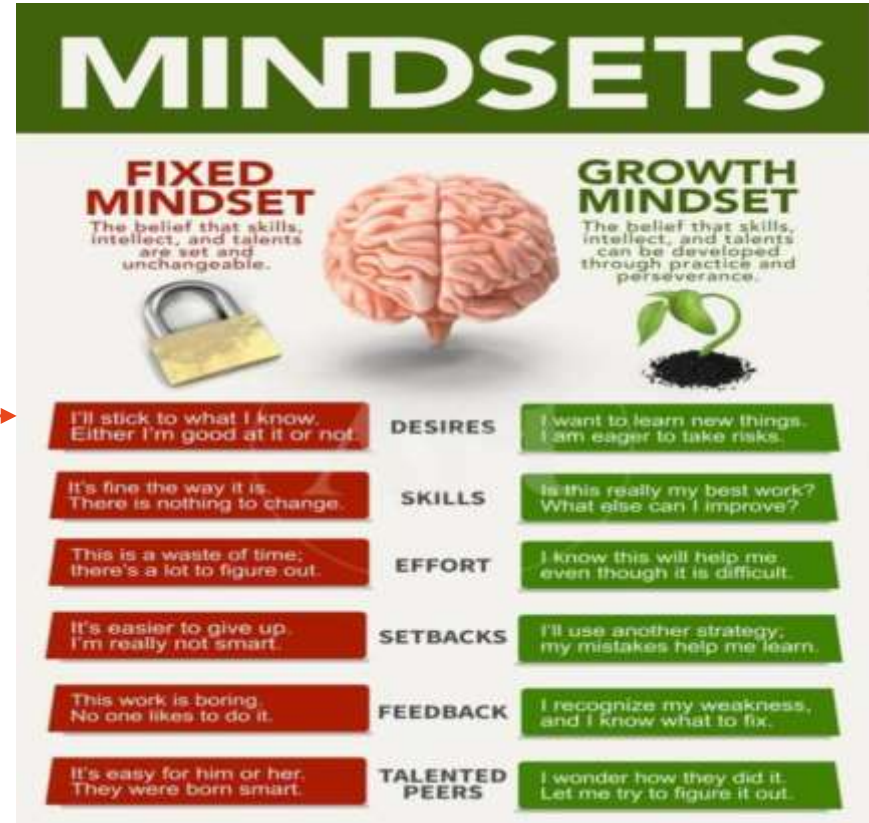
# What is Fixed Mindset



# What is Growth Mindset

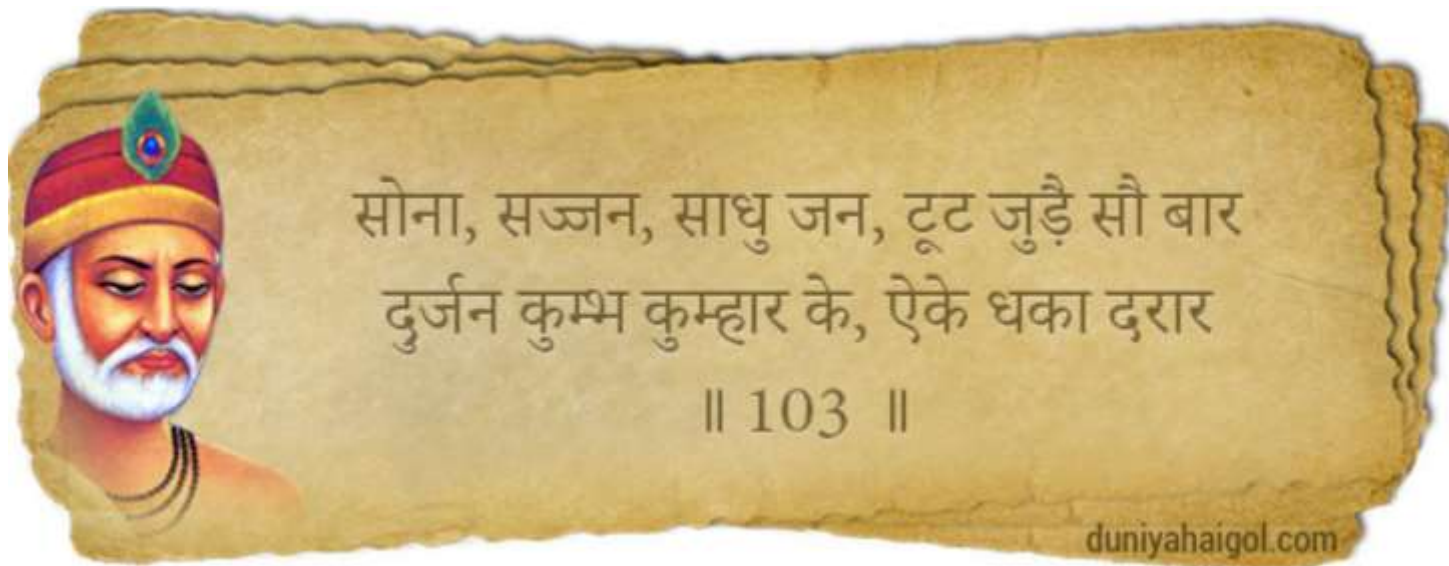


The answer Lord Krishna gave in verses 2.55 to 2.72 is reckoned as the “HEART of the HEART of Bhagavat Gita”: **undisturbed during misery, no craving for pleasure, free from attachment, fear and anger, controls senses** and remains like an ocean!



Credit: allposters.com

# What do saints tell us?



*If Gold and Good people (sadhu) break down hundred times, even then they will come up again. but bad people are like mud items which in a one strike will break forever !*

# Activity Time!

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Turn on your video for 2 minutes and follow instructions!



# Choose your pair of Glasses!



**Contemplate on this:** *In daily life, we choose our glasses (our mindset – whether fixed or growth oriented) depending on situation and our ability to take risk in that situation etc.*

***Which pair of glasses are you wearing today?***

# Pablo Casals



*"Music is the divine way to tell beautiful, poetic things to the heart.."*

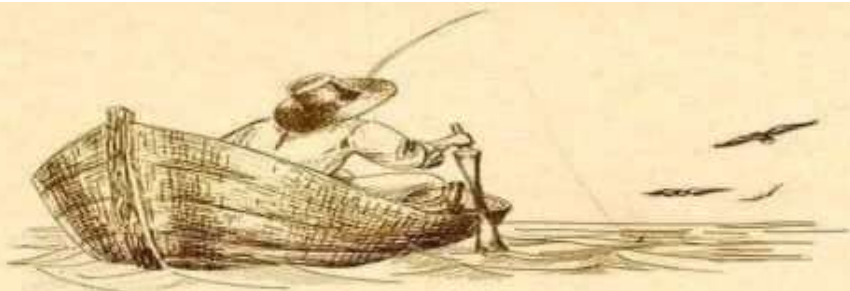
*Pablo Casals*

*"Every second we live is a new and unique moment for the universe, a moment that never was before and will never be again. And what do we teach children in school? We teach them that two and two make four and that Paris is the capital of France. When will we also teach them: Do you know what you are? You are a marvel. You are unique. On all of the world there is no other child exactly like you. On the millions of years that have passed there has never been another child like you. And look at your body what a wonder it is! Your legs, your arms, your cunning fingers, the way you move! You may become a Shakespeare, a Michelangelo, a Beethoven. You have the capacity for anything. Yes you are a marvel. And when you grow up, can you then harm another who is, like you, a marvel. You must cherish one another. You must work. We all must work to make this world worthy of children."*

*Pablo Casals*

Pablo Casals

# Success



The rich industrialist was horrified to find the fisherman lying beside his boat, smoking a pipe.

'Why aren't you out fishing?' asked the industrialist.

'Because I have caught enough fish for the day.'

'Why don't you catch some more?'

'What would I do with them?'

'You could earn more money. Then you could have a motor fitted to your boat to go into deeper waters and catch more fish. Then you would have enough money to buy nylon nets. These would bring you more fish and more money. Soon you would have enough money to own two boats ... maybe even a fleet of boats. Then you would be a rich man like me.'

'What would I do then?'

'Then you could sit back and enjoy life.'

'What do you think I'm doing right now?'

From *Timeless Simplicity* by John Lane



What does success mean to you?

Safety

Accomplishments

Growth

Comfort

Virtues

Respect





# Book Club Case Study – Growth Mindset

Mr. GM Ji



Wants to be

Perfect Parent



Best Employee



A Perfect Husband

THE PERFECT SON

But!!!



Kids don't listen



Remote, stressful job

My Husband Has No Time For Me: What Do I Do?

Wife complains



COVID paused travel

So, feels like!



Equipped with the knowledge of **growth mindset**, what would you tell him?

Equipped with the knowledge of this law, we will explore the **The Loser's Limp.**

What is that? We will learn and study that in the next Book Club session!

THANK YOU FOR YOUR  
PARTICIPATION!

# Session Schedule (May 2021)

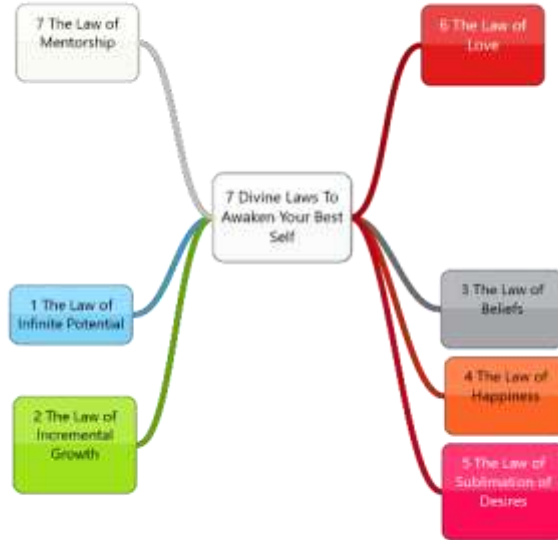


Session	Book Club	USA Time	India Time
1	Science of Mind Management	10 pm CST on Friday 30 April	8.30 am IST on Saturday 1 May
1	7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 2 May	6.30 pm IST on Sunday 2 May
2	Science of Mind Management	10 pm CST on Friday 7 May	8.30 am IST on Saturday 8 May
2	7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 9 May	6.30 pm IST on Sunday 9 May
3	Science of Mind Management	10 pm CST on Friday 14 May	8.30 am IST on Saturday 17 April
3	7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 16 May	6.30 pm IST on Sunday 18 April
4	Science of Mind Management	10 pm CST on Friday 21 May	8.30 am IST on Saturday 22 May
4	7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 23 May	6.30 pm IST on Sunday 23 May
5	Science of Mind Management	10 pm CST on Friday 28 May	8.30 am IST on Saturday 29 May



# A Message to Remember !

Mind  
Map



Purchase a  
**Great**  
Book in  
**Hard**copy when  
you  
Love the  
**M**essage

*Remember the mnemonic sentence to remember all seven divine laws!*

# WhatsApp Group for Book Club

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Please join and encourage your friends and family to join this journey with us too !

Join the group via this link:

<https://chat.whatsapp.com/F1IzNp8Ex9pBIFidQAiPEA>