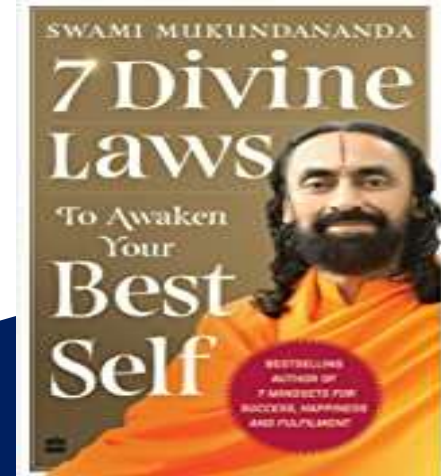


# Book Club: 7 Divine Laws

Session 17



**JKYOG Center For Indian Culture & Education**

गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः  
गुरु साक्षात् परब्रह्मा तस्मै श्रीगुरवे नमः

GururBrahma GururVishnu GururDevo Maheshwaraha  
Guru Saakshaat ParaBrahma Tasmai Sri Gurave Namaha

Meaning: Guru is the Creator (Brahma), Guru is the Preserver (Vishnu), Guru is the Destroyer (Maheshwara). Guru is the absolute (singular) Lord himself! Salutations to that Sri Guru

वसुदेव सुतं देवं कंस चाणूर मर्दनम् ।  
देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम्

vasudeva sutam devam kamsa canuramardanam |  
devaki paramanandam krishnam vande jagadgurum

Meaning: I offer my obeisance's to Lord Krishna, the beloved son of Vasudeva, who killed the great demons Kamsa and Cāṇūra, who is the source of great joy to Mother Devakī; and who is indeed a world teacher and spiritual master of the universe

# Agenda

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- Quick Recap
- Book Reading / Video
  - 7DL, Ch 1: The Law of Infinite Potential.
  - **Recap Kahoot Quiz!**
- **Experience Sharing**

# Recap

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## Summary of Main Points

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- Creation's plan is the evolution of the soul towards perfection.
- The immanence of God's glory is infinite. As His little fragments, we too possess infinite potential for growth.
- However, growth does not happen automatically. It ensues when we commit ourselves to excellence in all our endeavours.
- Those with the fixed mindset believe their skills are determined by destiny or circumstance, and they cannot be developed any further.
- Those with the growth mindset realize, that with proper effort, there is unlimited scope for progress.
- Under maya, our intellect suffers from three fallacies of understanding. These make us establish worthless goal, by which we short-change ourselves and do not make true progress.
- Divine knowledge helps us dispel these misconceptions, and then we develop faith in the infinite potential of our soul.
- When we grow from within, we realize the tininess of our soul before the splendour of God. Hence, true growth makes us humble.

# Summary of Main Points

Chapter 1 .....

The Law of Infinite Potential.....

The Making of a Genius .....

The Mistake We Make .....

The Glorious Destiny of Our Soul.....

Fixed Mindset vs Growth Mindset.....

The Loser's Limp .....

The Hundred Horsepower Engine Inside Us

True Growth Makes Us Humble.....

Our Golden Chance in Life .....



## Using Kahoot Platform

*You need TWO devices*

*1st DEVICE for this screen (with Zoom where you are logged in) where you will see questions*

*2nd DEVICE for responding to questions*

**Device 1 / Window 1 - Zoom window open**

Read the **questions & the answer** options on Zoom window

**Device 2/ Window 2 –** Open in a browser : [www.Kahoot.it](https://www.kahoot.it)

Enter PIN and you are ready to respond to answers in Kahoot window. *Questions and answer content will not be visible in this device. You should match the **option color** and **shape** to that shown on zoom screen to answer.*

**Remember, faster you answer, more points you will get!!!**



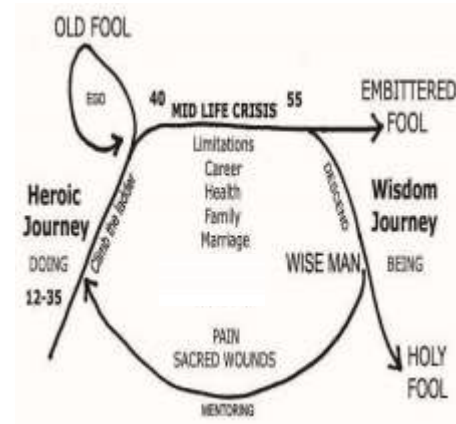
# A typical ...!

## 30,000 Days

Average age of human life – 80 years:

$365 \times 80 \sim 30000$  days!

*Brahmacharya (student), Grihastha (householder),  
Vanaprastha (retired) and Sanyasa (renunciate)*



**Fun Fact:** connection between rate of breathing and life span: think of a Turtle living hundreds of years vs. a dog living 10-15 years



# Humans vs. Animals



- Eating, sleeping, mating and defending – animals & humans do style varies!
- A pig gets same ras in eating waste that a human gets in eating delicacies
- Animals have DNA programming predetermined; **Humans have free will**
- Animals have less gyan shakti; Humans have gyaan shakti – knowledge

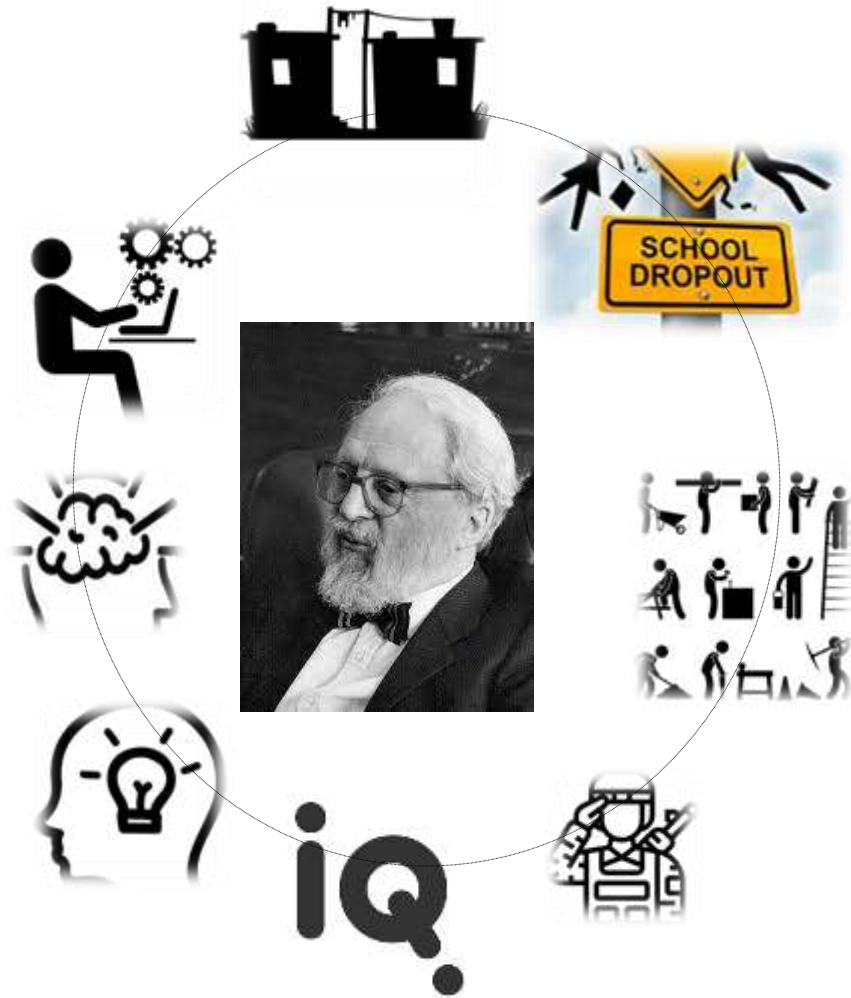
- If you find a ring on the road, you may not know its value and show it to a jeweler who says it is worth 10 crore! Same way, numerous saints, and even God' descensions have happened and told us the same – we do not **REALIZE how precious is the human form!!!**

**Human form is the ONLY one through which we can attain the supreme goal of life**

- Kaag Bhushundi - Garud Samvaad [selected top 7 questions & then topmost]  
***“Prathamahi kahahu nath mati dhera... sab te durlabh kaun sharira”***



# Let us Recap!



- Victor was born in penury in a slum colony.
- When he was fifteen years old, his schoolteacher declared to him, 'Victor, you are a dunce. You will never amount to anything in life.' **Convinced** of his stupidity, Victor dropped out of school.
- For the next seventeen years, he engaged in menial works.
- As part of the army selection process, they tested his IQ. His score went beyond the scale (161), which meant he was a **genius**. **That one piece of knowledge transformed his life.**
- He became an expert in lumberjack technology and wrote books on the trade. He also **researched** the topic of Intelligence Quotient, and became an **expert**, **writing widely popular books on it.**

# Why Celestial Devtas desire human form?

## Why do Celestial Gods desire it? Is it beautiful? No

- We do compare: Eyes like Fish, waist like a tiger's; Neck like a pigeon; Nose like a parrot
- However, human form is a bag of waste: if someone opens any stomach, the foul smell will make one vomit; Humans have every pore giving out waste!
- Devatas have so much fragrance, humans will faint
- They have a divine body – not of panch mahabhuta, but of tejas; fragrance – faint; Devtas body does not touch earth, no hunger or thirst; No shadow, their eyes don't blink! & no waste output from body
- Devtas praise those who got human form and birth in Bharat
- Devtas have much more power of knowledge than us! (e.g., weapons)
- Fact: we all have been dog, cat and even Indra innumerable times



### Bottomline:

- **Karm Yoni (Human Form) vs. Bhog Yonis (all other forms)**
- **\*All\* want this body to be able to do sadhana and get out of the cycle.**

# But is Human Form really good?

Kaag Bhushundi & Garud ji samvaad: **nar tan sam nahin kavaniu dehi. jiv charachar jachat jehil narak svarg apabarg niseni. gyan birag bhagati sukh deni**

1. Why did Tulsidas ji say Human form is incomparable – He did **NOT SPECIFY** in good and bad way!
  2. Why did Tulsidas ji say “Narak” as first option!
- He is being very clever ! **Best** form: only opportunity to realize our goal and move forward. **Worst** form: since we will almost be forced to go wrong direction if we do not move in right direction
  - Most humans will do sin & go to **Narak**. More intelligent do good deeds for **Swarga** & the real **smart do Bhakti**. This is the **ONLY** body which has KARM and BHOG. If we do not put this body in good direction, it goes in –ve direction with great speed! A dog, cat etc. can not steal or do theft like a human being does with intelligence (Gyan).



*Recap - What is STOPPING us then!*

Akrur, the messenger of Shree Krishna to the gopis, described imperfections of the intellect (or “viparyaya” / fallacies) in the Bhagavatam (10.40.25): *anityānātmā duḥkheṣhu viparyaya matirhyaham*  
Akrur said: “Our intellect is **strapped** with **wrong knowledge**.



**Anitya**  
(not eternal)

Although all the **objects** of the world are **perishable**, we think they will always remain with us, and hence, we busily **accumulate** them day and night.



**Anātmā**  
(not the real self)



Though we are **eternal souls**, we think of ourselves to be the **perishable body**.

The gravity of our problem is further aggravated because our intellect is **habituated** to this kind of defective thinking from innumerable previous **lifetimes**

**Duḥkheṣu**  
(finding happiness in  
sources of misery)



And though the pursuit of sensual pleasures only **results in misery** in the long run, we still **chase** them in the hope that we will **find happiness**.



# Anatma: “Modern” Science???

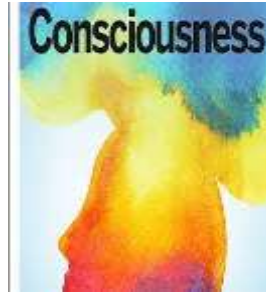
If science is believed, then we are a combination of atoms and molecules. Then consider the following!



## 1. Where does free will come from?

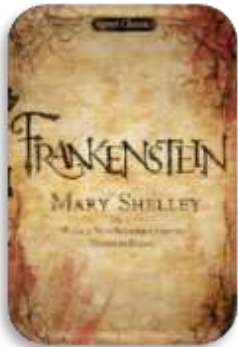
Does a machine have choice? A robot?

Scientists also realize they have a freedom of choice.



## 2. Where does consciousness come from?

Albert Gyorgyi expressed it well! He realized that the insentient matter could NOT explain the life's phenomenon. **Consciousness is a symptom of the soul.**



**Frankenstein, a Novel – Doctor in story gathers body parts and creates a monster! Science too wrongly claims the same!**

- It is a SYMPTOM of the soul. Much like a fragrance that fills the room
- **Our modern science has not been able to reverse hair graying or even create a hair or even a mosquito for that matter!**

# Stories from scriptures!

- **Sughrev ji and Vibhishan ji comparison** – how Vibhishan ji introduced himself: Rakhas Kul, Tamas gun, Sita harani Ravan's brother - Sughrev ji was watching and thought he was instead testing and selfishly befriended Lord Ram!
- **Shri Chaitanya Mahaprabhu ji** : Trinadapi sunechena, tarorapi sahishnuna...
- **Uddhav ji** asked to be a blade of Grass



Watch Later: Swami ji's on Vibhishan's Surrender  
<https://youtu.be/YWJwfYOhyp0>

# Pablo Casals



*"Music is the divine way to tell beautiful, poetic things to the heart.."*

*Pablo Casals*

*"Every second we live is a new and unique moment for the universe, a moment that never was before and will never be again. And what do we teach children in school? We teach them that two and two make four and that Paris is the capital of France. When will we also teach them: Do you know what you are? You are a marvel. You are unique. On all of the world there is no other child exactly like you. On the millions of years that have passed there has never been another child like you. And look at your body what a wonder it is! Your legs, your arms, your cunning fingers, the way you move! You may become a Shakespeare, a Michelangelo, a Beethoven. You have the capacity for anything. Yes you are a marvel. And when you grow up, can you then harm another who is, like you, a marvel. You must cherish one another. You must work. We all must work to make this world worthy of children."*

*Pablo Casals*

Pablo Casals



# WhatsApp Group for Book Club

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Please join and encourage your friends and family to join this journey with us too !

Limited & important messages only - Join the Book club WhatsApp group via this link:

<https://chat.whatsapp.com/F1IzNp8Ex9pBIFidQAiPEA>

THANK YOU FOR YOUR  
PARTICIPATION!