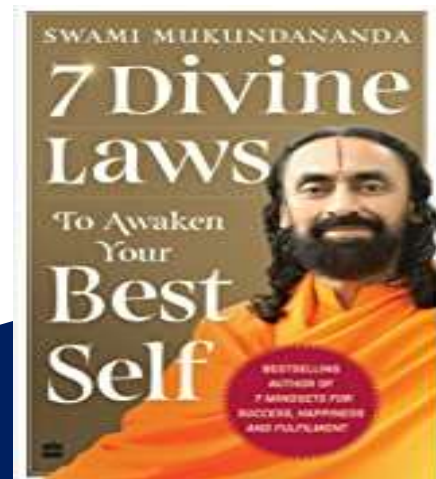


# Book Club: 7 Divine Laws

Session 12



**JKYOG Center For Indian Culture & Education**

गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः  
गुरु साक्षात् परब्रह्मा तस्मै श्रीगुरवे नमः

GururBrahma GururVishnu GururDevo Maheshwaraha  
Guru Saakshaat ParaBrahma Tasmai Sri Gurave Namaha

Meaning: Guru is the Creator (Brahma), Guru is the Preserver (Vishnu), Guru is the Destroyer (Maheshwara). Guru is the absolute (singular) Lord himself! Salutations to that Sri Guru

वसुदेव सुतं देवं कंस चाणूर मर्दनम् ।  
देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम्

vasudeva sutam devam kamsa canuramardanam |  
devaki paramanandam krishnam vande jagadgurum

Meaning: I offer my obeisance's to Lord Krishna, the beloved son of Vasudeva, who killed the great demons Kamsa and Canura, who is the source of great joy to Mother Devaki; and who is indeed a world teacher and spiritual master of the universe

- Learn While You Play: Interactive Kahoot
  - We will recap what we have learnt from previous sessions
- Experience Sharing

## Using Kahoot Platform

*You need TWO devices*

*1st DEVICE for this screen (with Zoom where you are logged in) where you will see questions*

*2nd DEVICE for responding to questions*

**Device 1 / Window 1 - Zoom window open**

Read the **questions & the answer** options on Zoom window

**Device 2/ Window 2 – Open in a browser : [www.Kahoot.it](https://www.kahoot.it)**

Enter PIN and you are ready to respond to answers in Kahoot window. *Questions and answer content will not be visible in this device. You should match the **option color** and **shape** to that shown on zoom screen to answer.*

**Remember, faster you answer, more points you will get!!!**



# Kahoot Quiz Revision Slides

# What's inside the bonnet?



Ramdas Majhi, simple farmer



Wins lottery, buys Rolls-Royce



Doesn't know car's power;  
**car pulled by horses!**

**Have you ever wondered what is inside YOUR bonnet?**  
**An infinite power engine**

A **single atom** has enormous energy latent in it. Nuclear energy provides a glimpse of that! We have trillions of atoms in **physical body**; We, the soul are beyond the body! We are a fragment of the Almighty Lord Himself. Imagine the power **latent** in your soul!



# What is STOPPING us then!

Akrur, the messenger of Shree Krishna to the gopis, described imperfections of the intellect (or “viparyaya” / fallacies) in the Bhagavatam (10.40.25): ***anityānātma duḥkheṣu viparyaya matirhyaham***

Akrur said: “Our intellect is **strapped** with **wrong knowledge**.”



**Anitya**  
(not eternal)

Although all the **objects** of the world are **perishable**, we think they will always remain with us, and hence, we busily **accumulate** them day and night.

The gravity of our problem is further aggravated because our intellect is **habituated** to this kind of defective thinking from innumerable previous **lifetimes**



**Anātma**  
(not the real self)



Though we are **eternal souls**, we think of ourselves to be the **perishable body**.

**Duḥkheṣu**  
(finding happiness in sources of misery)

And though the pursuit of sensual pleasures only **results in misery** in the long run, we still **chase** them in the hope that we will **find happiness**.



# How do these fallacies limit us?

These fallacies limit us in two ways.

**Firstly**, they dupe us into the fixed mindset.



But **more importantly**, they confuse us about the true meaning of success itself.



Thus, even if we do have the growth mindset, intellectual fallacies **warp** our definition of success



Therefore, **we short-change ourselves and chase meaningless goals from morning till night, like a dog chasing cars.**



The dog had a futile goal—chasing cars without any purpose. **We too must ponder whether the goals that we run after in life are in fact worthwhile or are they equally futile?**

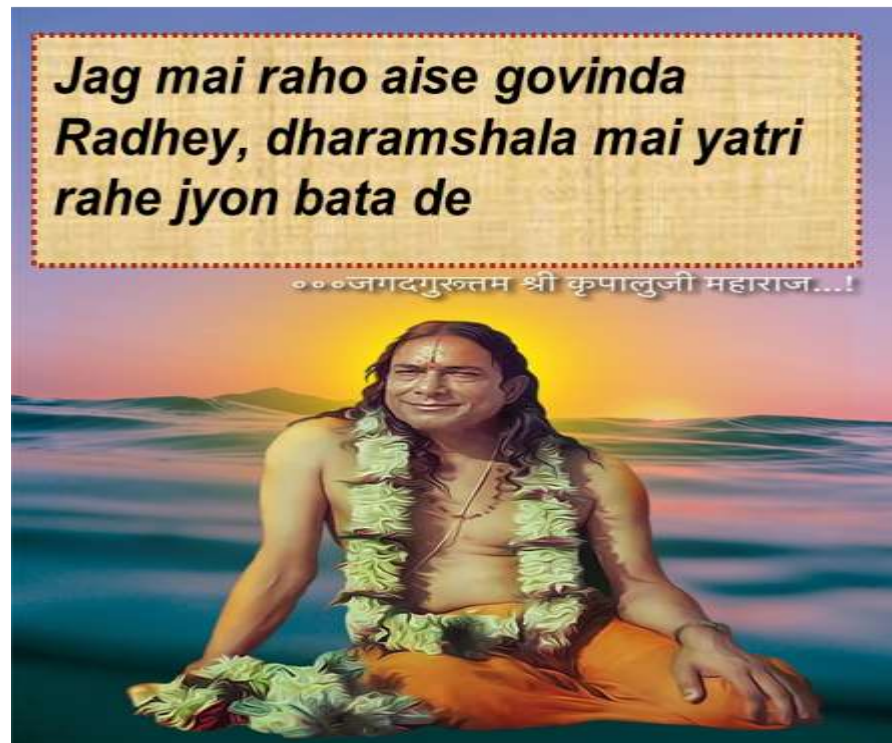


# Anitya - First Misconception

We BELIEVE that material possessions will always remain with us.

The famous monk Dattatreya visited Raja Jeetmukketu and said "Can I spend night in your 'Dharamshala'?"

As we grow – TOYS CHANGE!



**Man ek din aisa aayega... Jo mutti badhe aaya so, hath pasare jayega!!!**

<https://youtu.be/p23iyRXE9DA>

# “Power” Stories from scriptures

## Bheema teaches Yudhishtir!



Don't delay  
the good  
actions!

## Ravana's regret as told in his last advice to Laxman

**Ravana said**, the most important lesson of life is that you must **defer the bad action as much as you can** and you must **do good action without any delay** and as much early as you can.



# Humans are unique because...

Jalaja nava laksani  
Sthavara laksa vimsati  
Krmayo rudra sankhyakah  
Paksinam dasa laksanam  
Trimsal laksani pasavah  
Catur laksani manusah.. (Padma Purana)

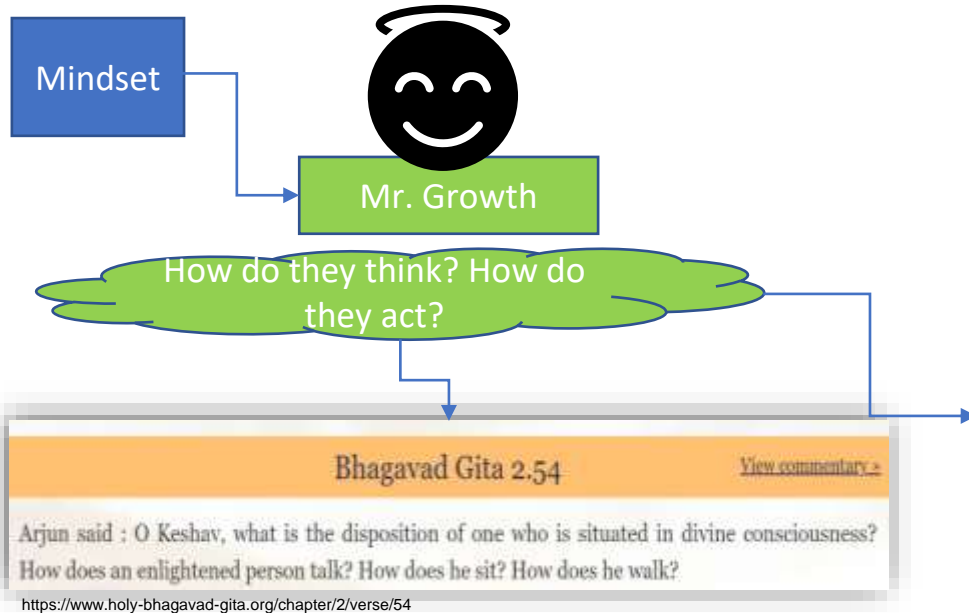
[ There are 900,000 kinds of aquatics,  
2,000,000 kinds of trees and plants,  
1,100,000 kinds of insects and reptiles,  
1,000,000 kinds of birds,  
3,000,000 kinds of four-legged beasts, and  
400,000 kinds of human species.]



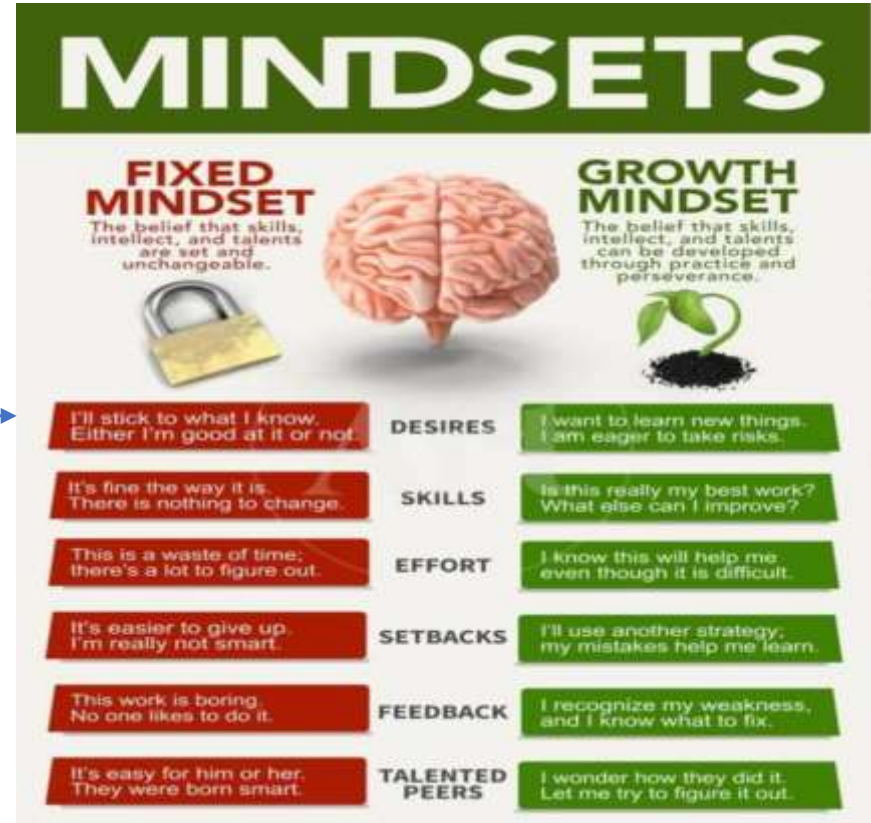
Humans have the power of **CHOICE!**



# What is Growth Mindset



The answer Lord Krishna gave in verses 2.55 to 2.72 is reckoned as the “HEART of the HEART of Bhagavat Gita”: **undisturbed during misery, no craving for pleasure, free from attachment, fear and anger, controls senses** and remains like an ocean!



Credit: allposters.com

# What is Loser's Limp



Cricket Fielder runs for a catch



Mind contemplates not possible to reach

**Thoughts**

I can't do it because of x, y or z

What will PEOPLE watching think of me!

**Actions**

Physical body complies (starts limping etc.) or feigns in injury



**Misses the catch!**  
And audience says  
"O Poor Fellow, he had a muscle pull or something"

# Destiny of Soul: Two Sides of Coin

1



- As fragments of the Supreme Divine Personality, we have **immense potential** inherent in our soul.

- Brahman means infinite. **Vrihatvat** Brahman. God is infinite in extent. So vast is this creation of His, and all of it. He is holding within himself

2



- God Himself **wishes to share** His magnificence with us.
- Like a **loving father** ready to give his all to a child
  - But this word Brahman has another meaning to it. **Vrinhanatvat** Brahman. *God is He, who makes others infinite*
- God has designed this “University of Hard Knocks” around us (The world of Maya)
  - *brahma vṛihatvāt asa baṛā, jāko ādi na anta baṛā bṛinhanatvāt asa, aurana kare ananta*

- Some people **mistakenly conceive** it as the relationship between a stone and its smaller fragments!
- We, human beings, are a fragment of the “Jeev Shakthi” or Jeev “energy” of God.
- It is a “Tatastath” Shakthi
- ***“Jeev tatastha shakti par, maya kar adhikar. Vastutastu yah das hai, Swami Nandkumar. (Bhakti Shatak verse 4 )***
- The soul energy or jeev shakti is a tatastha shakti (“border”), but since eternity all the souls are under the control of maya. However, the soul's true identity is that of an eternal servant of the Lord.



# WhatsApp Group for Book Club

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Please join and encourage your friends and family to join this journey with us too !

Join the group via this link:

<https://chat.whatsapp.com/F1IzNp8Ex9pBIFidQAiPEA>



## Next session

- We will continue to explore the intellectual fallacies further and then get into “True Growth Makes Us Humble”

THANK YOU FOR YOUR  
PARTICIPATION!

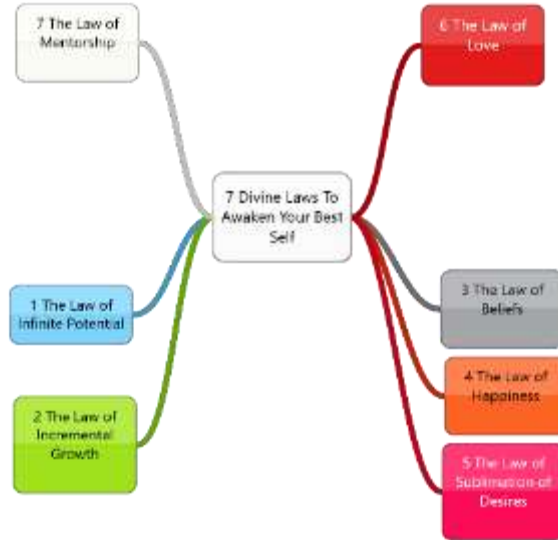
# Session Schedule (June 2021)



Book Club	USA Time	India Time
Science of Mind Management	10 pm CST on Friday 4 June	8.30 am IST on Saturday 5 June
7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 6 June	6.30 pm IST on Sunday 6 June
Science of Mind Management	10 pm CST on Friday 11 June	8.30 am IST on Saturday 12 June
7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 13 June	6.30 pm IST on Sunday 13 June
Science of Mind Management	10 pm CST on Friday 18 June	8.30 am IST on Saturday 19 June
7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 20 June	6.30 pm IST on Sunday 20 June
Science of Mind Management	10 pm CST on Friday 25 June	8.30 am IST on Saturday 26 June
7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 27 June	6.30 pm IST on Sunday 27 June
Science of Mind Management	10 pm CST on Friday 2 July	8.30 am IST on Saturday 3 July

# A Message to Remember !

Mind  
Map



Purchase a  
Great  
Book in  
Hardcopy when  
you  
Love the  
Message

*Remember the mnemonic sentence to remember all seven divine laws!*