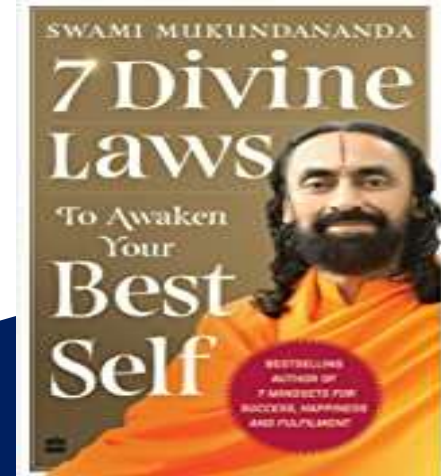


Book Club: 7 Divine Laws

May 16, 2021
Session 10



JKYOG Center For Indian Culture & Education

गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः
गुरु साक्षात् परब्रह्मा तस्मै श्रीगुरवे नमः

GururBrahma GururVishnu GururDevo Maheshwaraha
Guru Saakshaat ParaBrahma Tasmai Sri Gurave Namaha

Meaning: Guru is the Creator (Brahma), Guru is the Preserver (Vishnu), Guru is the Destroyer (Maheshwara). Guru is the absolute (singular) Lord himself! Salutations to that Sri Guru

वसुदेव सुतं देवं कंस चाणूर मर्दनम् ।
देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम्

vasudeva sutaṁ devaṁ kaṁsa cāṇūramardanam |
devakī paramānandaṁ kṛṣṇaṁ vande jagadgurum

Meaning: I offer my obeisance's to Lord Krishna, the beloved son of Vasudeva, who killed the great demons Kaṁsa and Cāṇūra, who is the source of great joy to Mother Devakī; and who is indeed a world teacher and spiritual master of the universe

Agenda

- Quick Recap
- Book Reading
 - 7DL, Ch 1: The Law of Infinite Potential.
 - **Topic: *The Loser's Limp*** (pg 9 physical book, 17 Kindle)
- Powerful Video
- Visual Summary & Recap of concepts
- Practical Application
- Experience Sharing

Recap

- Dilemma we face

We keep striving for perfection
but don't achieve success

- Lower instincts pull us down



- The Biggest Mistake



- Soul's Glorious Destiny



Vs



- Growth Mindset





What is Loser's Limp



Cricket Fielder runs for a catch



Mind contemplates not possible to reach

Thoughts

I can't do it because of x, y or z

What will PEOPLE watching think of me!

Actions



Physical body complies (starts limping etc.) or feigns in injury

Misses the catch!
And audience says
"O Poor Fellow, he had a muscle pull or something"

Humans are unique because...

Jalaja nava laksani
Sthavara laksa vimsati
Krmayo rudra sankhyakah
Paksinam dasa laksanam
Trimsal laksani pasavah
Catur laksani manusah.. (Padma Purana)

[There are 900,000 kinds of aquatics,
2,000,000 kinds of trees and plants,
1,100,000 kinds of insects and reptiles,
1,000,000 kinds of birds,
3,000,000 kinds of four-legged beasts, and
400,000 kinds of human species.]



Humans have the power of **CHOICE!**

Do I have loser's limp?



Ask yourself these questions

1. Do you make any excuses when faced with tough situations?
2. Has any friend or near one ever told you “don’t procrastinate”?
3. Consider these habit questions:
 1. Do you do exercise daily?
 2. Do you find time for meditation?
4. From the book
 1. I am not a born engineer, doc, ...
 2. If I could sing like her, I would succeed
 3. If I had supporting parents like that, I...

“Power” Stories from scriptures

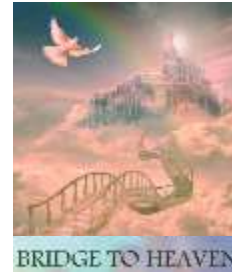
Bheema teaches Yudhishtir!



Don't delay
the good
actions!

Ravana's regret as told in his last advice to Laxman

Ravana said, the most important lesson of life is that you must **defer the bad action as much as you can** and you must **do good action without any delay** and as much early as you can.



Types of Excuses we make?

Ramcharitmanas:

Kalahi karmahi isvari Mithya dosh lagayi

1. **Kalahi:** Time is not right, will do it later
2. **Karmahi:** I'm going through bad phase
3. **Ishvarahi:** without God's wish nothing happens; God didn't wish it so I can't do anything

Ever Notice the
Difference Between
Winners and
Losers?
Losers Look for
Reasons to Stop,
Winners "Find"
Ways to Finish!!!

Types of Excuses we make?

Primarily, there are 8 obstacles on the **path of surrender**.
These are:

Kapuyacharan (Defective Thought or Behavior)

- **Jhim Bhav**: lack of simplicity (childlike)
- **Anrit Bhav**: hypocrisy (Sugrev and Vibhishan)
- **Maya Bhav**: desire for prestige / praise

Tushtis (Contentment)

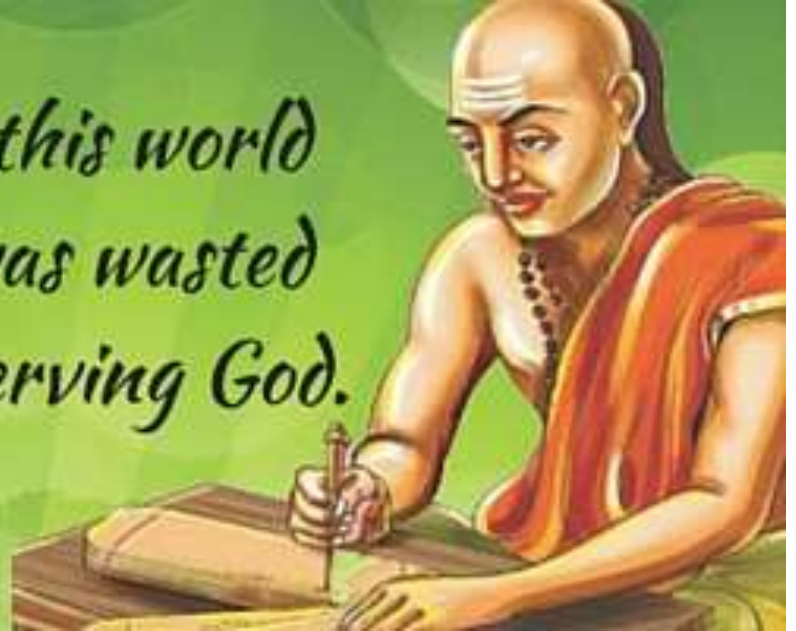
- **Bhagya Tushti**
- **Ishwar Tushti**
- **Kaal Tushti**

TO BE COVERED IN DEPTH LATER

We touched upon Tushtis in the previous slide but this topic has much more depth. Accordingly, we will cover this topic of Obstacles to Surrender in good depth in a future session with the topic of surrender

*There is no bigger loss in this world
then that moment that was wasted
without remembering or serving God.*

Chanakya Pandit



Book Club Case Study – Loser's Limp



Ms. **Excuse Me** has a tough project...



Deadline is approaching soon....



Time is running out....with **nothing to show**

She has several excuses to rely on ...(alibis, excuses, family, health, COVID in family..)

1. In looking for excuses what would she accomplish?
2. What would you tell herand how would you handle such a situation?
3. Share example from your life and any solutions you know worked?

Equipped with **the loser's limp** knowledge, what would you tell Ms. Excuse Me?

WhatsApp Group for Book Club

Please join and encourage your friends and family to join this journey with us too !

Join the group via this link:

<https://chat.whatsapp.com/F1IzNp8Ex9pBIFidQAiPEA>

Next week we will explore the
**Hundred Horsepower Engine
Inside Us!**

What is that? We will learn and
study that in the next Book Club
session!

THANK YOU FOR YOUR
PARTICIPATION!

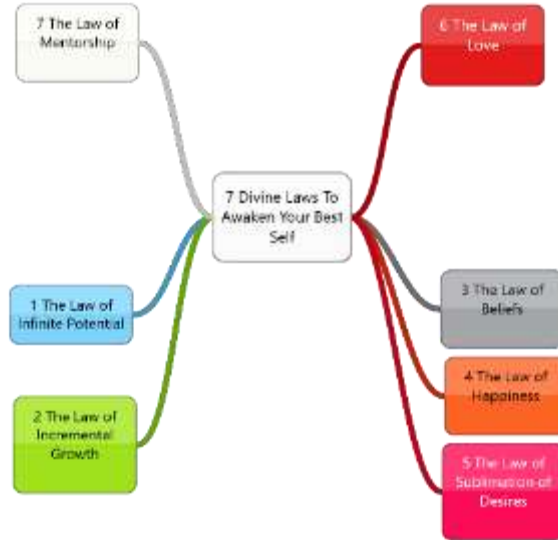
Session Schedule (May 2021)



Session	Book Club	USA Time	India Time
1	Science of Mind Management	10 pm CST on Friday 30 April	8.30 am IST on Saturday 1 May
1	7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 2 May	6.30 pm IST on Sunday 2 May
2	Science of Mind Management	10 pm CST on Friday 7 May	8.30 am IST on Saturday 8 May
2	7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 9 May	6.30 pm IST on Sunday 9 May
3	Science of Mind Management	10 pm CST on Friday 14 May	8.30 am IST on Saturday 15 May
3	7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 16 May	6.30 pm IST on Sunday 16 May
4	Science of Mind Management	10 pm CST on Friday 21 May	8.30 am IST on Saturday 22 May
4	7 Divine Laws to Awaken Your Best Self	8 am CST on Sunday 23 May	6.30 pm IST on Sunday 23 May
5	Science of Mind Management	10 pm CST on Friday 28 May	8.30 am IST on Saturday 29 May

A Message to Remember !

Mind
Map



Purchase a
Great
Book in
Hardcopy when
you
Love the
Message

Remember the mnemonic sentence to remember all seven divine laws!